

# Playing the Karma/Dharma Game with Lalita Tripura Sundari

Meru University Course #2025-06

## SYLLABUS

**Dates:** Sunday— December 14, 2025

**Times:** 1:00—2:30 pm MDT

**Instructors:** Wayne Purdin

### OVERVIEW:

Lalita Tripura Sundari is the ultimate form of the Divine Mother. Her name means “beautiful player of the three worlds (physical, astral, etheric).” As the Supreme Creatrix, she has fun creating worlds and the souls that inhabit them, each with their own story or part to play. When you enter into a playful relationship with her, you accelerate the balancing of your karma and the fulfillment of your dharma, leading to leveling up in the game of life.

In this course, we will learn how to connect to Lalita with our higher senses so that we can act with nonattachment and purpose in her play that is our life, and when you actually experience life as such, synchronicities and miracles happen. This can be attained through daily consecration, meditation, singing her bhajans, Aksha Tapas (discipline of the eyes), mantra, and decrees. This is called daily sadhana, which isn’t sad but “enter ‘tainment,” for entering your heart thru these practices leads to attainment. In the process, she will show you what you need to know about your dharma and how to fulfill it and your karma and how to balance it.

### PLAYING THE KARMA/DHARMA GAME WITH LALITA TRIPURA SUNDARI:

#### Learning Objectives

Webinar Participants will experience a transformation in their lives as they:

- Understand experientially that life is a game that Lalita designed.
- Establish a loving relationship with Lalita through devotional practices.
- Discover insights into dharma and past karma that will help win the game.

#### Course Sections

- Who Is Lalita Tripura Sundari?
- What Is Lalita’s Karma/Dharma Game?
- Co-create with Lalita to Gain Insights into Your Life.
- How to Establish a Loving Relationship with Lalita.
  - Daily Consecration
  - Pranayama
  - Meditation 2x/day
  - Bhajans
  - Japa
  - Decrees
  - Aksha Tapas

## RECOMMENDED COURSE MATERIALS

- A notebook dedicated to course work
- Aksha Tapas handout from June conference and link to YouTube video
- Pranayama instructions
- Best Devi Prayer CD or YouTube video
- Decree for Divine Love, Daily Consecrations, and Divine Love Mantra provided during course
- [Print of Lalitha Devi by Ananda Ma Vdovic](#). Either purchase print or use image on computer screen.

## ASSIGNMENT

The main deliverable for the course is whatever Lalita inspires you to create. You don't have to submit it. However, it would be good to share in the forum in the days and weeks after the course whatever you feel comfortable sharing. It could be part of a novel, short story, or play with scenes from your life; a vision board with pictures from your past, present, and future; a painting, drawing, or other work of art; a poem, decree, prayer, or song; a dance, etc. Whatever it is, it should be fun to create and meaningful to you in understanding your karma, the lessons you learned in this life, and in fulfilling your dharma. You can take as long as you want to create it. Also share in the forum any key insights gained during Aksha Tapas.

Another deliverable is to share in the Forum any inspired thoughts you received during Aksha Tapas, especially in answer to a question or prayer for help. You do not need to go into detail.

**FORUM:** Please post experiences, thoughts, excerpts, or pictures from your assignment after the course on the forum. You may also enjoy choosing to reply to one or two other students' posts. You can sign up to receive an email when your post is answered by another person, whether an MU student or other interested participant.