

Meru University Event  
MUE 2020-1  
***In the Garden with Anastasia VI***  
Originally held in June 2020 in Livingston, MT

A hands-on practicum

This event took place on the property of David and Mona Lewis, a model permaculture demonstration and teaching garden for Paradise Permaculture Institute.

### **Program**

Mona and David Lewis share about the philosophy of Anastasia, the Russian mystic who lives in the Taiga. They teach the principles of permaculture and show how these have been used to develop their property in Montana. You will see an example of Anastasia's kin domains in action and watch six projects grow to completion on the property as keys of teamwork are demonstrated in action by the participants.

#### Part 1

- Welcome and introduction to course by Mona Lewis
- Presentation on Anastasia and cedar trees by Mona Lewis
- Tour of Mona and David Lewis' property with Mona and David showing examples of permaculture practices in action.

#### Part 2

- Anastasia's "mission possible" teams for a treasure hunt.
- Six teams engage in practical, innovative projects on the property
  1. Creating a framework for blackberry bushes to grow on
  2. Painting the five crystal-ray chakras on plaques
  3. Creating a fountain with a Mother Mary statue
  4. Creating a potato bin
  5. Creating a sacred space based on the Kabbalistic tree of life
  6. Creating a new plant guild