

**Becoming a Child Again—Spiritual Keys in Simplicity, Purity and Harmony with Meta
Livingston Sanctuary of the Heart, and Online**

November 17, 2019

10:00 am to 1:00 pm MST

Overview

Beloved Meta, a divine teacher of children, will address our souls as the child within and share spiritual keys to help us ascend daily by focusing on and mastering the virtues of simplicity, purity and harmony.

She will help us cut through the maya of illusion that keeps us from maintaining a state of inner joy and exuberance that are essential as we resolve ancient karmas and transition to pure Oneness in our God Presence. This class is for adults and children who are at least twelve years of age.

Meta's Discourse

- What is our inner childlike state?
- Maria Montessori's work on the child's "stages of development"
- The divine cycles of the soul
- Carl Jung on the soul
- Seven levels of the soul's spiritual journey (by Paige Bartholomew)
- Soul development on the cosmic clock

Music and videos

Fun things to do to become childlike again!

Q&A and sharing during the class