

# **Solar Health**

# **Solar Wealth**



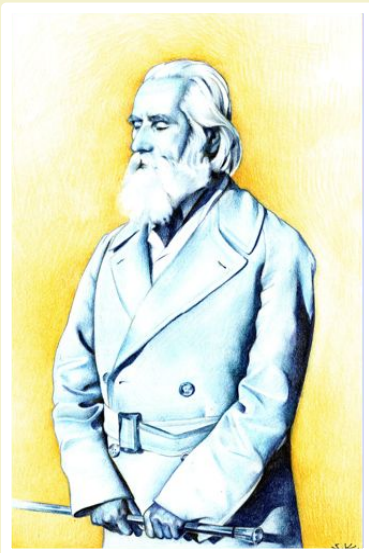
**Meru University**

**Course 1008**

**Class 6**

# Sponsoring Masters

**Master  
Omraam**



© Slavka Kolesar

**Helios**



© M5zn.com

**Surya**



© Hindu Temple of Rochester

**Hermes**



© Evans Experientialism

# Theme of the Course

**This course is a practicum in solar science whereby the student engages in techniques of sunlight absorption, color therapy, and solar meditation; connects with our sun, with Sirius, and with the Great Central Sun; and learns to become a sun and, through solar alchemy, radiate blessings to all so that we all thrive.**



# The Emerald Tablets



In the Emerald Tablets of Hermes Trismegistus there is a passage concerning telesma, the force of all forces that comes forth from the sun. This is the force that is behind white magic, miracles, and alchemy. Hermes wrote, concerning telesma, "The father thereof is the Sun, the mother the Moon. The wind carried it in its womb, the Earth is the nurse thereof." If you put the symbols for the Sun, Moon, and Earth together, you get the symbol for Mercury.

# The Alchemical Symbol of Mercury



- ☾ = The Moon or Imagination
- ☉ = The fire of the Sun or the Will
- ⛶ = The Earth or Matter Realization



# **Fakirs of India**

## **Manipulated Telesma**



Fakirs in India, otherwise known as alchemists were able to concentrate telesma in a fruit seed using solar alchemy so that it grew into a tree and produced fruit in a very short time.

We all can be alchemists and use telesma to manifest desires if we know how to use 13 principles of solar alchemy.

# Alexander the Great Found the Emerald Tablets



[www.fullissue.com](http://www.fullissue.com)

Alexander the Great after he conquered Egypt, searched for and found the tomb of Hermes and the Emerald Tablets. Military campaigns in the East forced Alexander to leave Egypt. It is said that he took the Emerald Tablets and hid them for safekeeping to await his return. As fate would have it, Alexander never returned to claim his great find. He died during his return from India.

# Balinas Rediscovered the Emerald Tablets



**Balinas prayed for enlightenment at a statue of Hermes.**

**He traveled to Egypt, Greece, and India to study in the mystery schools. When he returned, he discovered the Emerald Tablets hidden under the statue.**

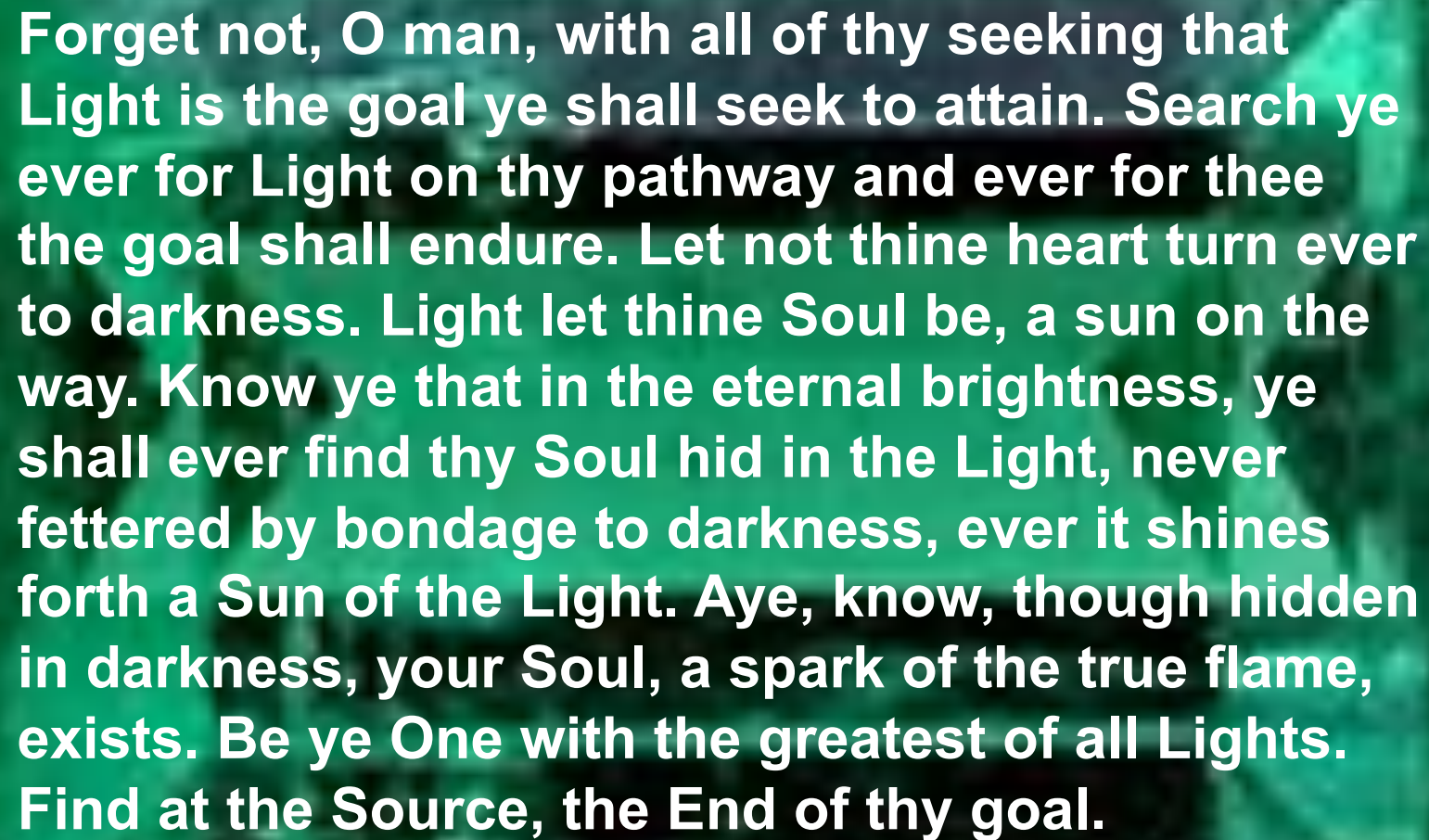


# **Apollonius of Tyana Studied the Emerald Tablets**

Balinas read and meditated upon the Emerald Tablets till he embodied the principles of Hermetic teaching. He became a healer, a teacher and an adept. He became known as Apollonius of Tyana, named after Apollo the Greek god of enlightenment, who we know as the Elohim of the yellow ray of wisdom. Apollonius created a Renaissance in Hermetic teaching.

[www.andras-nagy.com](http://www.andras-nagy.com)





**Forget not, O man, with all of thy seeking that Light is the goal ye shall seek to attain. Search ye ever for Light on thy pathway and ever for thee the goal shall endure. Let not thine heart turn ever to darkness. Light let thine Soul be, a sun on the way. Know ye that in the eternal brightness, ye shall ever find thy Soul hid in the Light, never fettered by bondage to darkness, ever it shines forth a Sun of the Light. Aye, know, though hidden in darkness, your Soul, a spark of the true flame, exists. Be ye One with the greatest of all Lights. Find at the Source, the End of thy goal.**

**Hear ye and listen, O my children. Alchemy is knowledge and only is Law. Be not afraid of the power within thee for it follows Law as the stars in the sky... Know ye that by your knowledge, ye can approach closer to a place in the Sun...**

**Open thy eyes and see the great Sun-Light. Be not afraid for all is thine own... Man is only what he believeth, a brother of darkness or a child of the Light. Come thou into the Light my Children. Walk in the pathway that leads to the Sun... Free, let thine soul soar, ever upward, free from the bondage and fetters of night. Lift thine eyes to the Sun in the sky space, for thee, let it be a symbol of life..., let light flame upward, and shalt thou be a Child of the Light.**



# Sing the Aum



[www.innerworld.ning.com](http://www.innerworld.ning.com)

**“The voice of man is particularly intimately associated with the AUM, the voice of God. Human speech is a lesser, stepped-down aspect of the AUM itself, since man is a Son of, and a part of, God Himself. Therefore, through the use of his vocal cords in speech or in singing, man is thought to be a co-creator with God.” – David Tame**

# Invoke the Crystal Diamond Tube of Light



© The Hearts Center

Beloved Presence of infinite light and love, mighty I AM THAT I AM above me, blaze forth from the center of my causal body now a great pillar of radiant, dazzling white light surrounding my form and extending out nine feet in all directions from my heart center in an impervious forcefield of glowing energy and sealed in crystalline-diamond substance through which nothing less than God-perfection can pass.

Within this glorious crystal-diamond tube of light, I now invoke a glowing bonfire of the violet transmuting, singing flame that consumes all karma—cause, effect, record and memory—replacing it with pure joy.

Accelerate the spinning of my chakras and sustain this cosmic, pulsating violet fire in, through and around me twenty-four hours a day, burning away all imperfections, sense of limitation and lack, astral and evil projections and past records that arise for transmutation.



# Invoke the Crystal Diamond Tube of Light



© The Hearts Center

Beloved Solar Presence bright, hold the immaculate concept for me as I hold all life in this image of perfection now and always. Clear all resistance to my acceptance of divine inspiration, guidance, intuition and grace; the development of my inner potential and Christic/Buddhic nature; and the acceleration of the precipitation in my world of the gifts of the Holy Spirit and the *siddhis* of the adepts, their outpicturing in my every thought, word and deed and made manifest in practical spirituality in my life today.

Seal me in this matrix of complete victory at all times and as I engage in the sacred science of mantra and the spoken word on behalf of all sentient life upon earth and on all planetary systems, worlds without end. Let God's holy will be done and let love, wisdom and power flow forth now!

## **Purify your chakras with the violet flame**

**Wash my \_\_\_\_\_\* in violet fire! (4x)**

**Cleanse my \_\_\_\_\_ in violet fire! (4x)**

**Spin my \_\_\_\_\_ in violet fire! (4x)**

**Raise my \_\_\_\_\_ in violet fire! (4x)**

**Seal my \_\_\_\_\_ in violet fire! (4x)**

**\* Begin with heart, then throat, solar plexus,  
third eye, soul chakra, crown, and base chakra.**

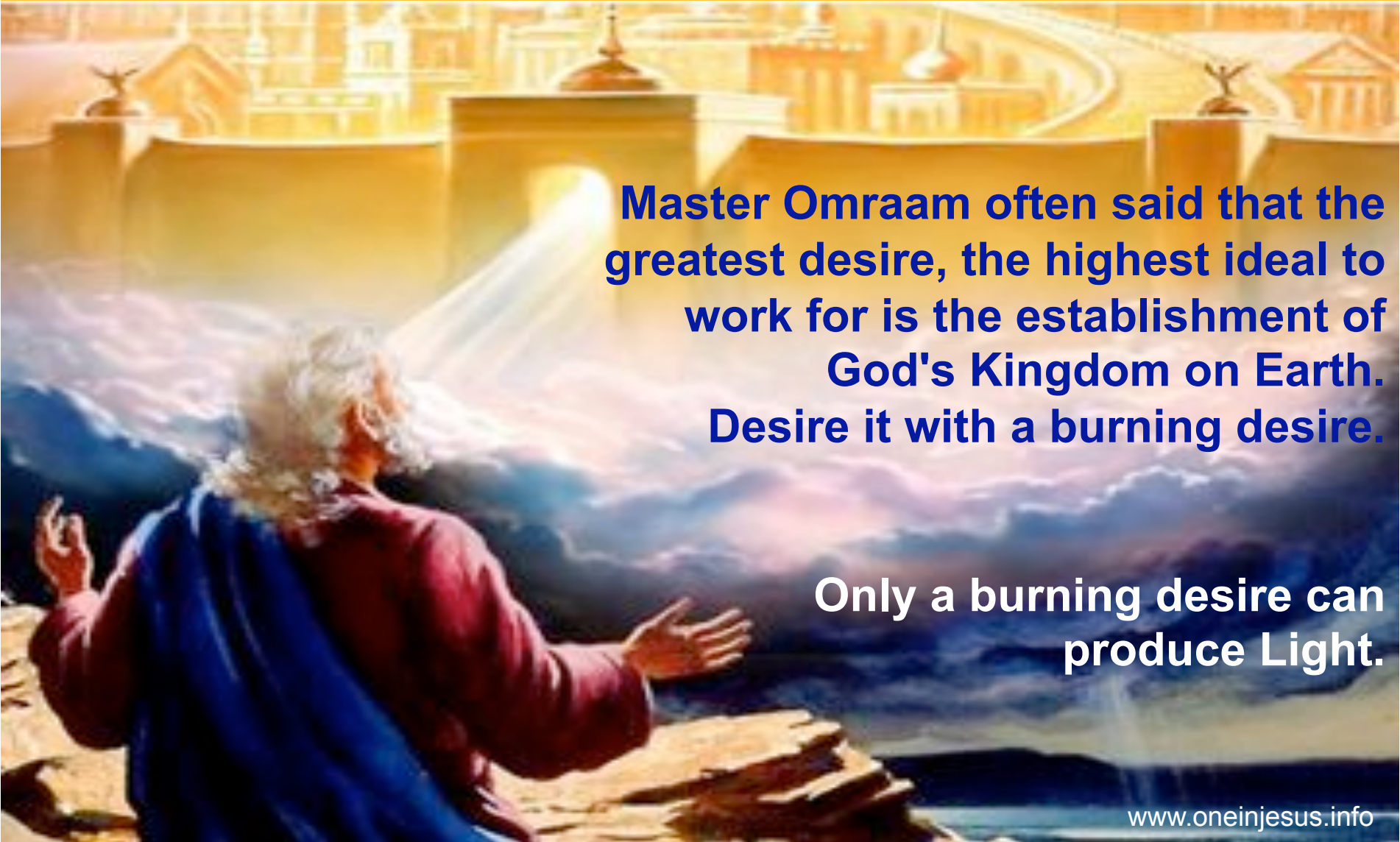
# Have Fearless Compassion

The feeling you want to evoke is one of fearless compassion. Only fearless compassion is pure enough and strong enough an emotion to work solar alchemy. Let your heart feel compassion for the millions of souls who are struggling in darkness and who would be benefited by this solar alchemy. Before Jesus worked miracles, he had compassion on the people and lifted up his eyes to heaven.



[www.my.opera.com](http://www.my.opera.com)

# Desire Heaven on Earth



**Master Omraam often said that the greatest desire, the highest ideal to work for is the establishment of God's Kingdom on Earth. Desire it with a burning desire.**

**Only a burning desire can produce Light.**



# Invoke the Light of God

, “Let there be Light where I AM THAT I AM!”



# Visualize the Great Central Sun



[www.nasa.gov](http://www.nasa.gov)

**The Great Central Sun, the spiritual sun of the universe, is the home of beloved Alpha and Omega and our original home as spirit beings before we descended into the planes of Matter.**

# **Let the Light of God Fill Your Head**



**Spread your arms out and receive the Light of God from the Great Central Sun. Feel its warmth and benevolence. See and feel the rays of white light enter the top of your head and fill your entire head. The light travels down to your heart chakra and fills your heart.**

# **Visualize Your Aura Filled with White Light**

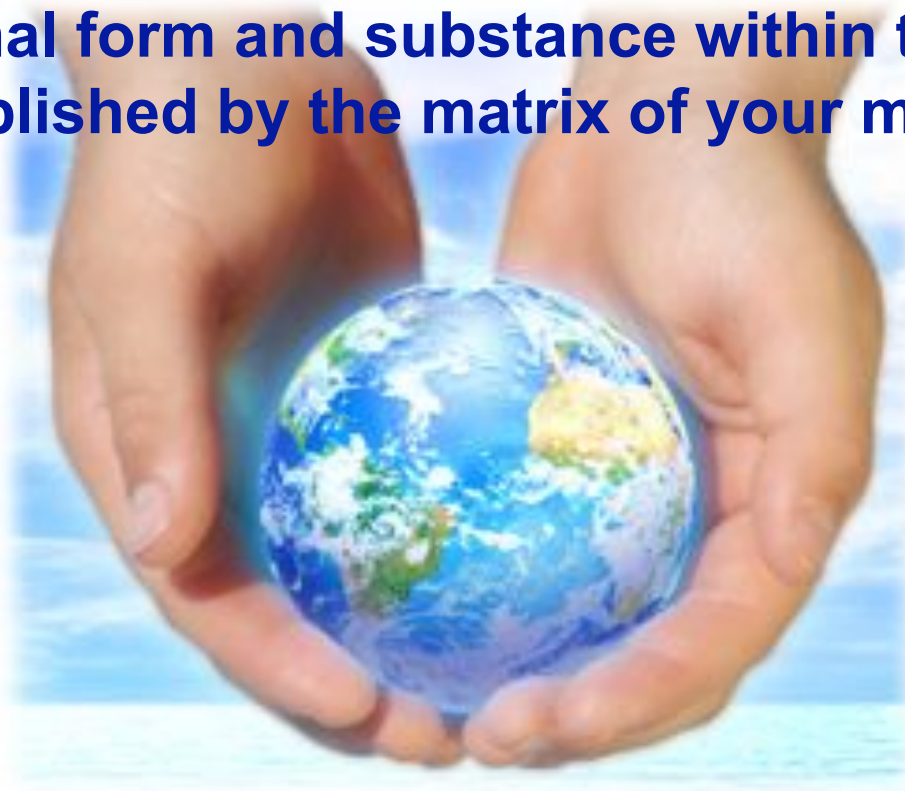


© Now by Mario Duguay

**See your aura filled with the white light of creation that is pure potential, unmanifest, unmoving, just waiting for the words and the images around which to crystallize.**

# Visualize What You Desire

**Make a mental picture of what you desire to create.  
Saint Germain said , "Incorporate definite size, proportion,  
substance, color and quality in detailed picture form...  
Ask for the full lowering of the atomic density into three-  
dimensional form and substance within the pattern  
established by the matrix of your mind."**



# **A New Bodhisattva Vision**

Manjushri - Feb. 2, 2007, Bergvik, Sweden

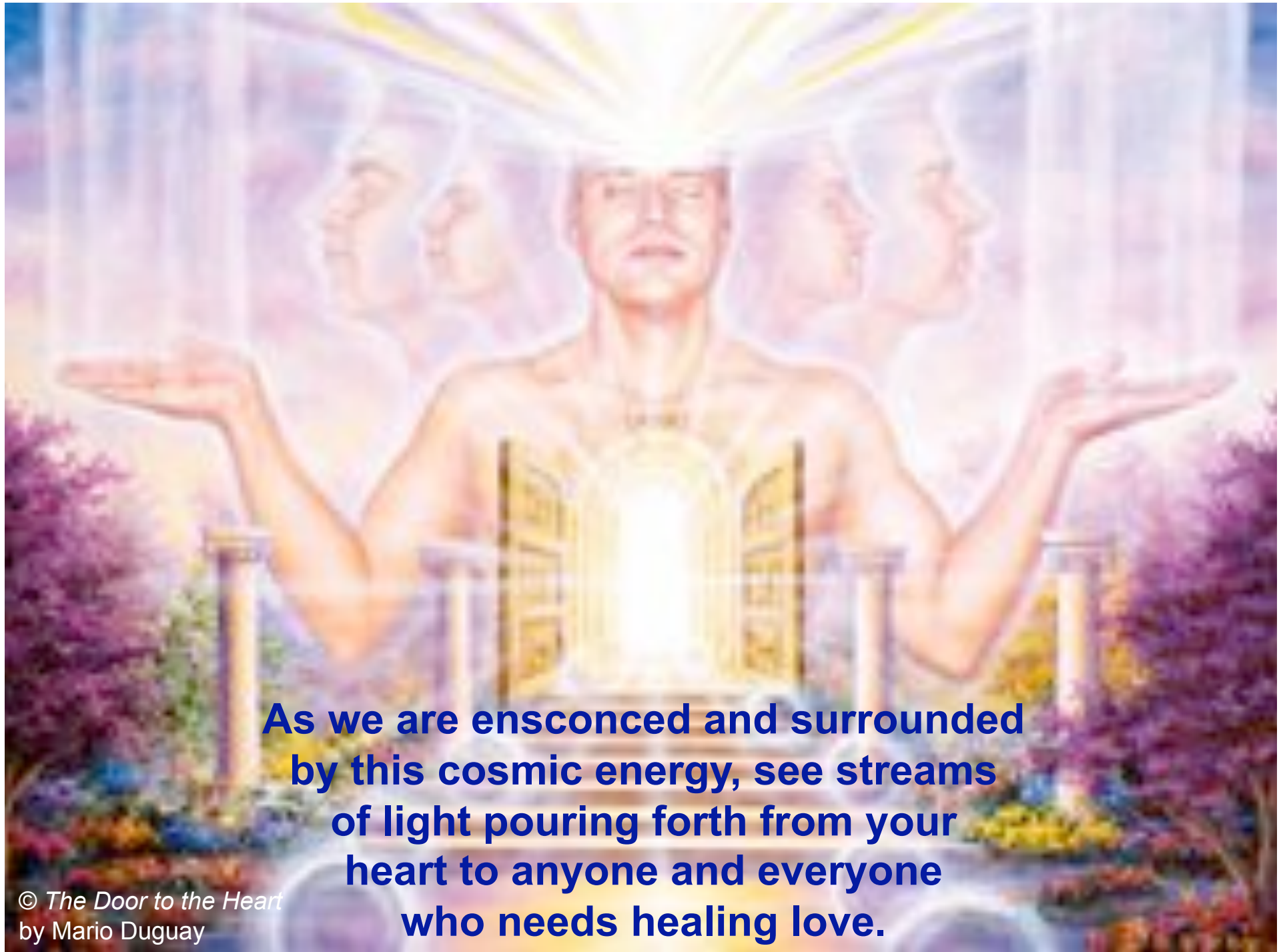


**Quiet your mind and heart and simply be still.  
See yourself enveloped in the pure, white radiance of  
heaven's grace with a crystal stairway to heaven,  
visualizing many angels descending  
that stairway to be with us.**



**See them standing in a circle of fire around us and  
blazing forth light rays of sacred fire to  
envelop us in their radiance.**

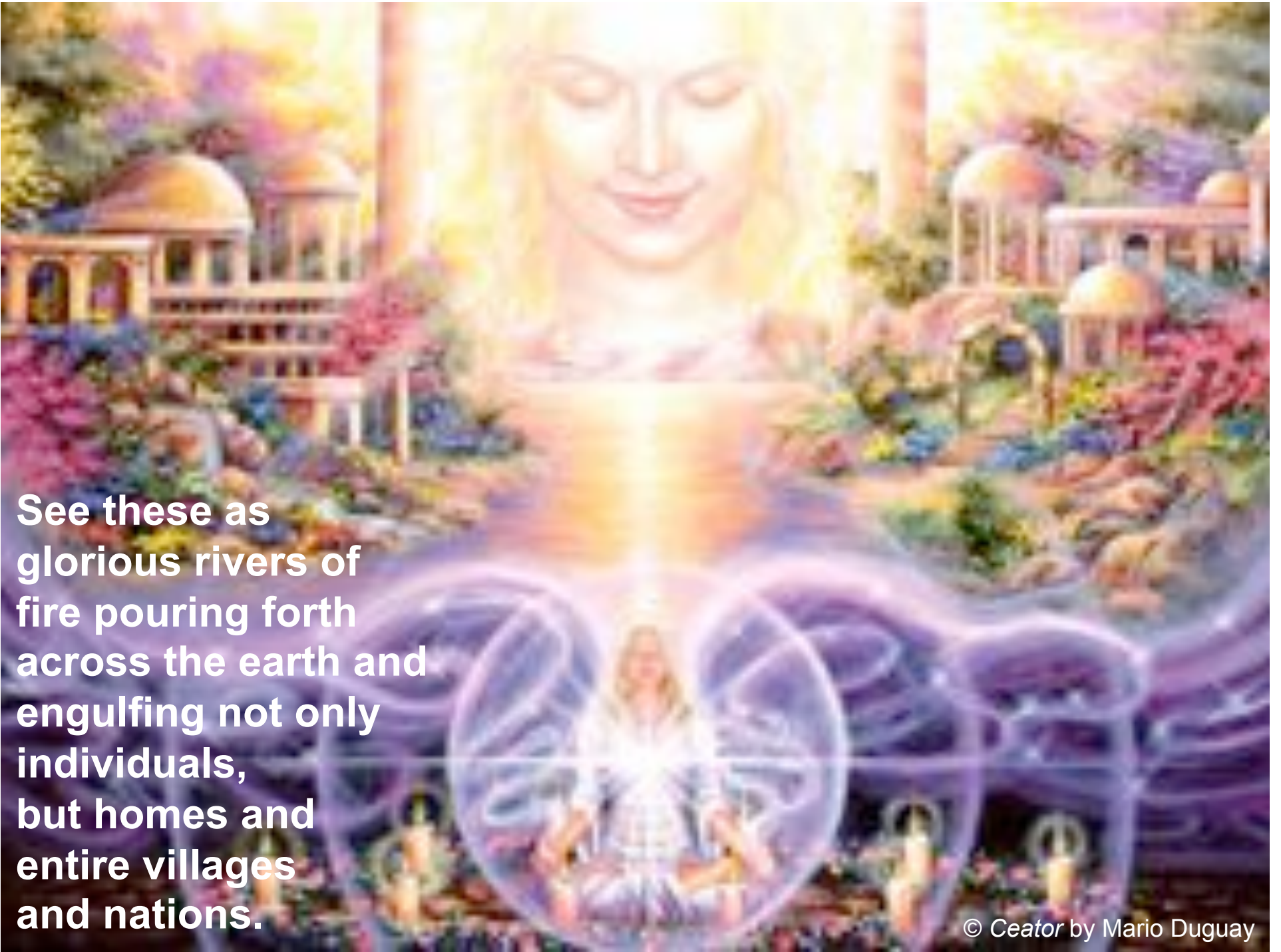




**As we are ensconced and surrounded  
by this cosmic energy, see streams  
of light pouring forth from your  
heart to anyone and everyone  
who needs healing love.**

© *The Door to the Heart*  
by Mario Duguay

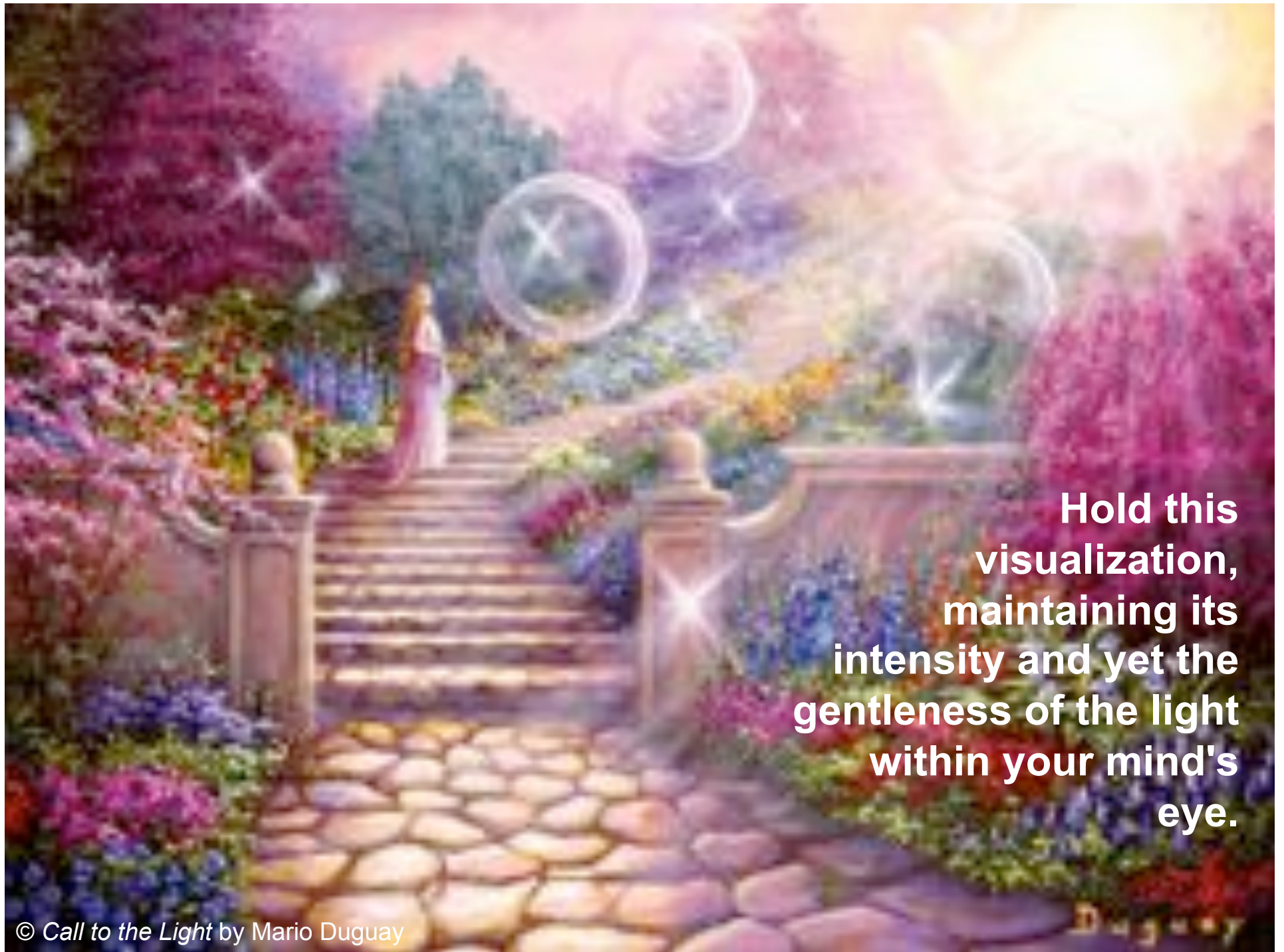


The artwork is a vibrant, spiritual illustration. At the top center, a large, serene face with closed eyes and a gentle smile is surrounded by a brilliant, golden light. Below this face, a bright, vertical beam of light descends towards a figure in a meditative pose. This figure is seated within a large, translucent, purple lotus flower. The figure has long blonde hair and is wearing a white robe. The background is a lush, colorful landscape with various domed buildings, possibly temples or homes, nestled among greenery and flowers. A winding path or river of fire flows through the scene, connecting the central figure to the surrounding environment. The overall color palette is dominated by warm, golden, and purple tones, creating a sense of divine light and spiritual energy.

**See these as  
glorious rivers of  
fire pouring forth  
across the earth and  
engulfing not only  
individuals,  
but homes and  
entire villages  
and nations.**

© Ceator by Mario Duguay





**Hold this  
visualization,  
maintaining its  
intensity and yet the  
gentleness of the light  
within your mind's  
eye.**



**Each soul is raised in  
consciousness. All burdens are  
melting away so that all peoples are  
happy, healthy and enlivened in  
radiant joy. Multitudes of angels  
surround each person, place,  
condition upon earth  
and all is light, light, light.**







**The entire planetary body  
is now full of God's light.  
Wars have ceased,  
fighting is no more.  
A golden age civilization  
and culture of harmony,  
brotherhood and peace  
exists upon earth.  
The ascended masters  
walk and talk with us and  
we have attained to levels  
of cosmic consciousness  
such that we can instantly  
communicate with them  
heart to heart.**

© *The Awakening* by Mario Duguay

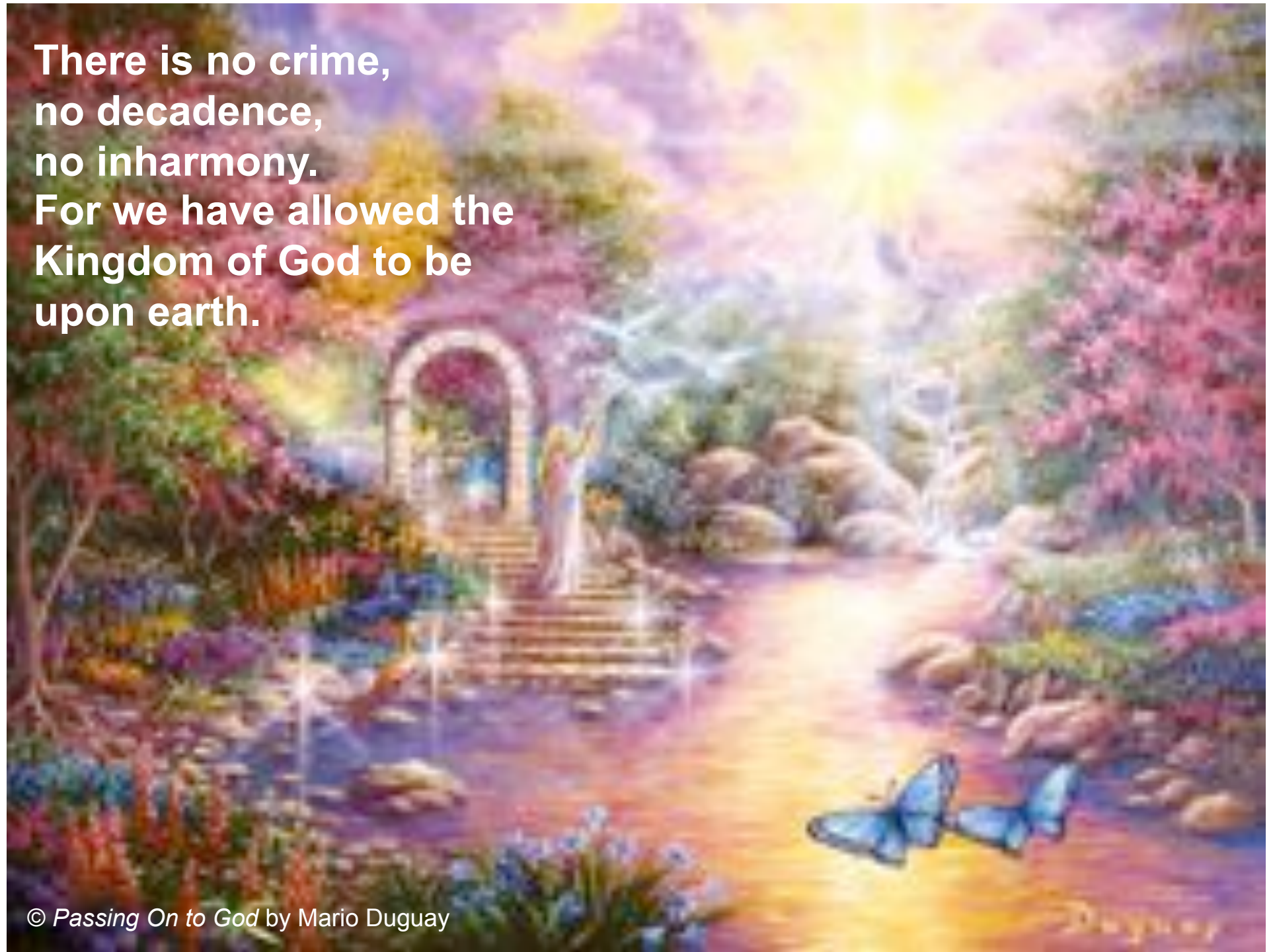
**The entire earth is shining  
and from far-off worlds  
other evolutions see the  
change upon this earth.  
Cultures communicate  
[harmoniously], people  
travel widely and honor  
that which is within all  
cultures and peoples.  
Children are respected as  
the next generation who  
will bring to the earth  
great light.**

© *Being* by Mario Duguay





**There is no crime,  
no decadence,  
no inharmony.  
For we have allowed the  
Kingdom of God to be  
upon earth.**



**We know each soul and  
its attainment because of  
the shining light of the  
aura which we all see.**

**And those with the  
greatest attainment  
because of their humility  
are self-chosen as the  
leaders and teachers  
because of their great  
understanding, their  
realization of God within  
them[selves.] Those of  
lesser attainment are not  
shunned, but assisted  
and aided in all  
ways possible.**

© *Master of my Life* by Mario Duguay







**Truth is known throughout  
the land – the higher truth  
of union with God.**

*© The Force of Faith by Mario Duguay*



A painting of a young girl with long brown hair, wearing a long purple dress, crouching in a lush, colorful garden. She is reaching out towards a glowing pink flower on the ground. The garden is filled with various colorful plants, flowers, and trees, with a bright, ethereal light source in the background creating a magical atmosphere. The overall scene is vibrant and fantastical.

The golden age  
civilization that we  
see all around us is  
one of harmony and  
beauty, with the  
variegated colors of  
nature's glory  
everywhere.

The cities are no longer concrete  
havens but there is the gentle  
manifestation of nature  
everywhere for us to behold.

© *Giving Up* by Mario Duguay

**We live in crystal homes of  
light. True love is shared in  
every household.  
Families respect each  
other in holiness.  
And all mankind is part of  
our extended family,  
where all are welcomed  
unto our homes from  
wherever they come from.  
They are nourished,  
honored, respected.**

© *Wisdom* by Mario Duguay







**A true utopia of the Spirit abides here. For we have made it so by our intention, by our hearts' love. Compassion is the order of the day. True education is ongoing and all seek higher wisdom and attend classes and schools in all courses, both in the knowledge of the word and in the knowledge of the heaven's glory. Scientists of the spirit constantly experiment in all manner of cosmic experimentation using resources from divine gifts and graces for the betterment of mankind and for the blessing of all souls.**

© *Return to my Greatness* by Mario Duguay



**Cosmic dancing  
and drama occurs  
in great amphitheatres where song  
and opera, expressing the divine hearts,  
occur regularly for all to partake of.  
There is no competition as such, but  
cooperation is everywhere.**





© *Towards the Light* by Mario Duguay

**Therefore, the great arenas of sports are now replaced as places where sons and daughters of God come to worship and to see the realization of the highest arts and sciences and their expression in the world of form. Television has now manifest its true purpose as both a means of communication and of sharing the highest expression of God's kingdom through drama, literature and all the arts and sciences as well as a great tool for ongoing education.**

**The music of the spheres  
is heard by souls  
everywhere as angelic  
choirs sing. And the radio  
stations now employ the  
voice of God of many  
ascended beings. And you  
can attune to their  
frequencies and their  
discourses, rather than  
what was, in the past,  
simply a means of  
expressing all manner of  
human nonsense, through  
the perversions of music  
that were a thing  
of the past.**

© *Listening the Message* by Mario Duguay







**Various ascended beings from other systems of worlds regularly come to earth to visit and share aspects of their home planets and stars with the evolutions of earth. And in this great sharing there is an expansion of consciousness of all upon earth because, through this sharing, we grow, we become more compassionate.**

© *Come to the Light* by Mario Duguay



**And we send emissaries to these other systems to learn more of what we may incorporate in our own world of that which is the highest expression of God's eternal light within these other systems.**

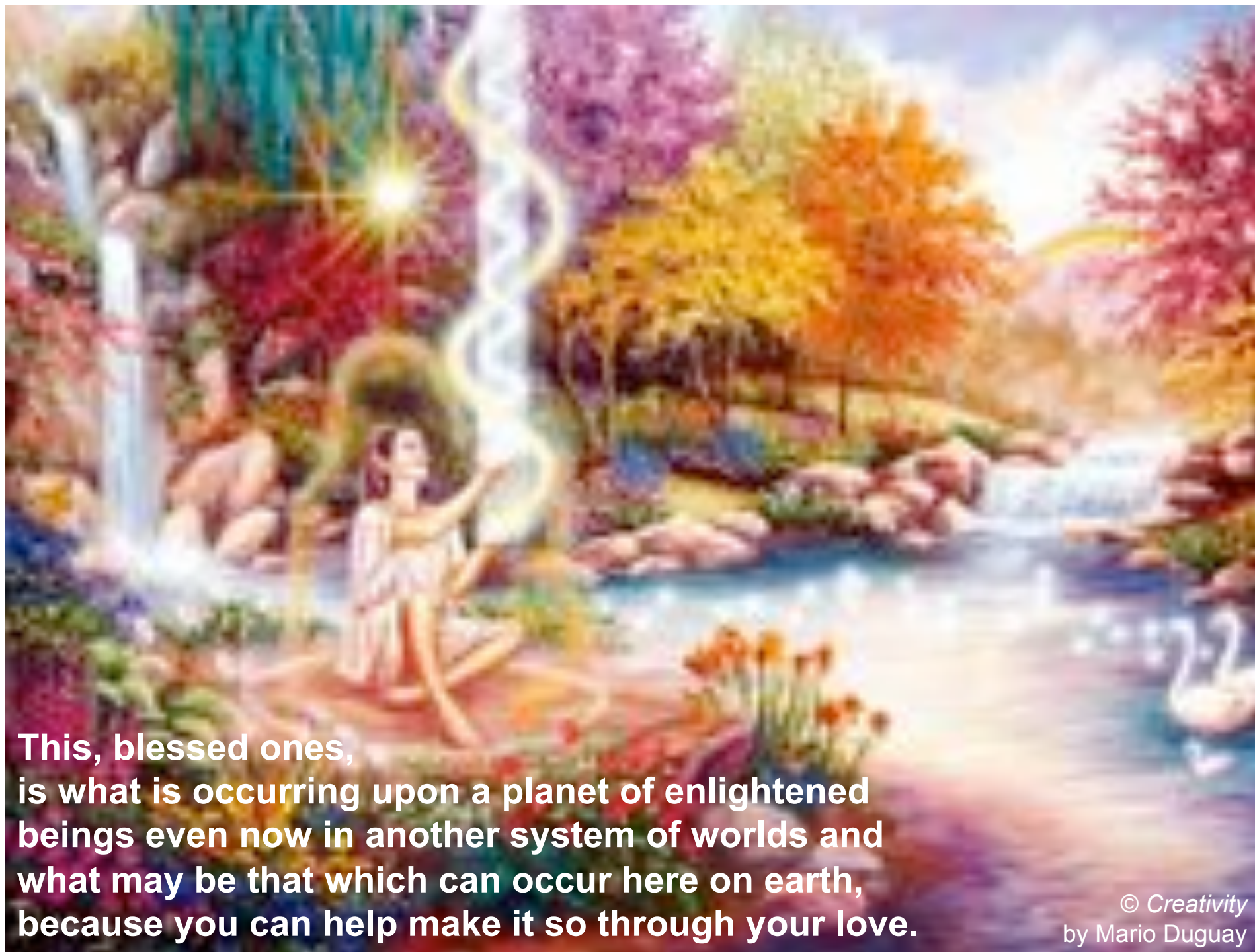
© *Advancing* by Mario Duguay





© *Rising* by Mario Duguay

**There are regular spiritual rituals that occur wherein hearts attune at various hours of the day, during various seasons and cycles, harmonizing their hearts' fire with great celestial beings to share in the currents of cosmic fire for the blessing of the planet and for the channeling of that light across the galaxies for the blessing of all.**



**This, blessed ones,  
is what is occurring upon a planet of enlightened  
beings even now in another system of worlds and  
what may be that which can occur here on earth,  
because you can help make it so through your love.**

© Creativity  
by Mario Duguay

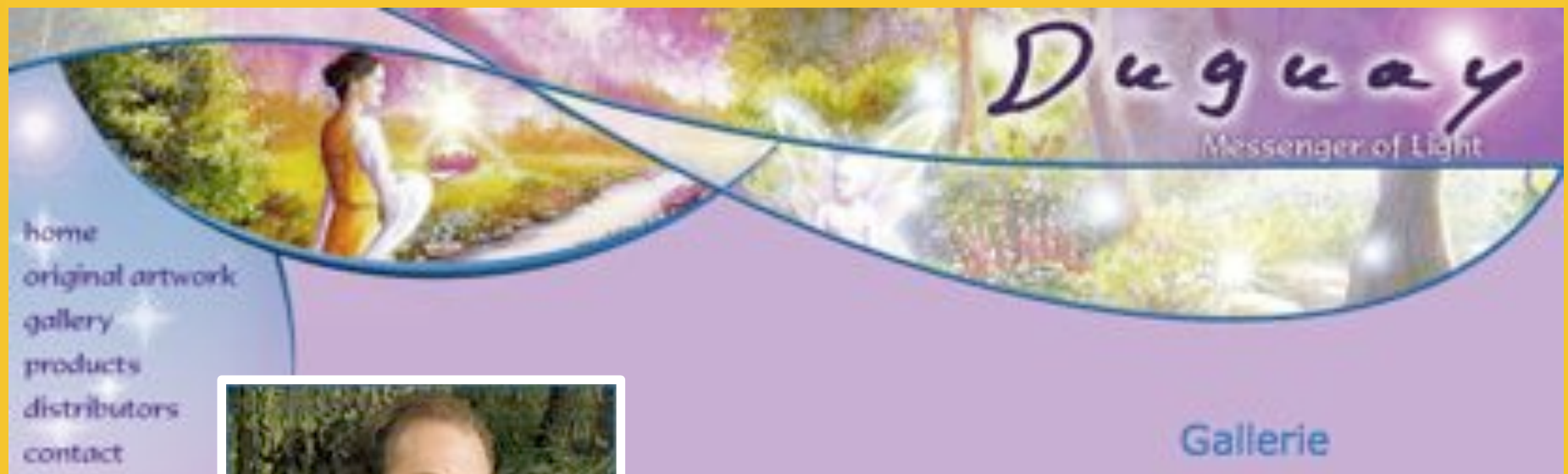


***"Thy kingdom come on earth as it is in heaven"***

**were the words of the Master Jesus.**

**Now you know what can be so. And through this meditation together, even for ten minutes as we come together in our Hearts Centers, let us hold this action of perfection for this planet until one day it may truly be a reality.**





*Thank You,  
Mario Duguay,  
For your beautiful Art!*

**[www.marioduguay.com](http://www.marioduguay.com)**

# **Send a Pink Ray**

**Project from your heart a pink ray of electronic substance that permeates the mental image.  
This pink ray is the cohesive force of love.**



# Send a Gold Ray

Project a gold ray from your crown chakra to outline the mental matrix in golden light. Ask for the full lowering of the atomic density into three-dimensional form and substance within the pattern established by the matrix of your mind.





# Send a Blue Ray



Project a blue ray from your throat chakra, which is the focus of creative power, which gives to the precipitation its strength, endurance, and ability to stand against the disintegrating powers of the material world .

[dreamstime.com](http://dreamstime.com)

# **Affirm the Manifestation, Let Go, and Let God**

**In the name of my Mighty Solar Presence and Holy Christ/Buddha Self, I AM commanding the the golden crystal age of the sun be manifest here and NOW! I AM commanding that the kingdom of God, the New Jerusalem descend NOW! !**



[www.umsonline.org](http://www.umsonline.org)

**It is done in accordance with God's perfect will, wisdom, and love for the greatest good of all concerned. So be it.**

# **Express Profound Gratitude**

**“The more gratefully we fix our minds on the Solar Presence when good things come to us, the more good things we will receive, and the more rapidly they will come; and the reason simply is that the mental attitude of gratitude draws the mind into closer touch with the source from which all blessings come.**





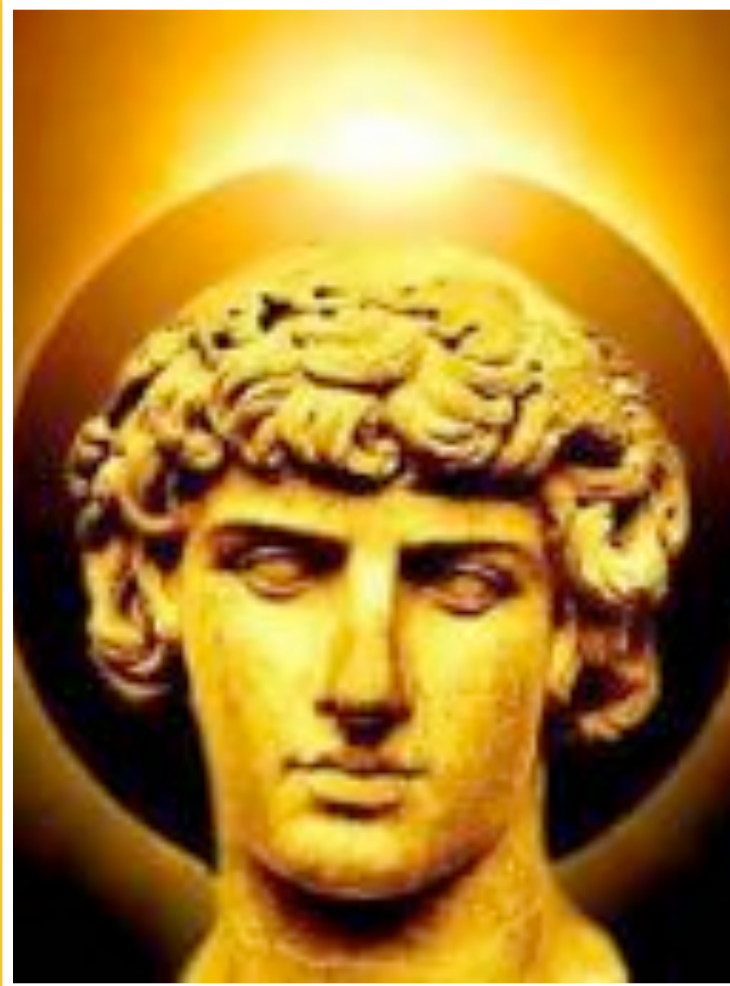
# **Seal the Alchemy and Surrender to God's Will**

**'It is finished!'**



**'Nevertheless, not my will but thine, be done.'**

# Meditation



© Evans Experientialism

# Homework

Please fill out the course evaluation form.

**Thank you**  
for your participation




# The Way of the Magi: Cycles of Cosmic Confluence



**Meru University**  
**Course 1009**

# Theme of the Course



To be realigned with our Solar Presence, our true nature, as we relate to self realized stellar beings and presences within the macrocosm. Understand cycles of confluence through brand new, cutting edge, revelatory teaching, on a type of solar astrology, pertaining to our God-Dominion within our Solar Presence and our soul's journey on our path of oneness.

# Sponsoring Master



**Great Divine Director**



# Instructors



**David Christopher Lewis**



**Kevin Raphael Fitch**

# Requirement and Prerequisites

## Advanced Studies of the Human Aura Courses



**MU #1002 and #1004**

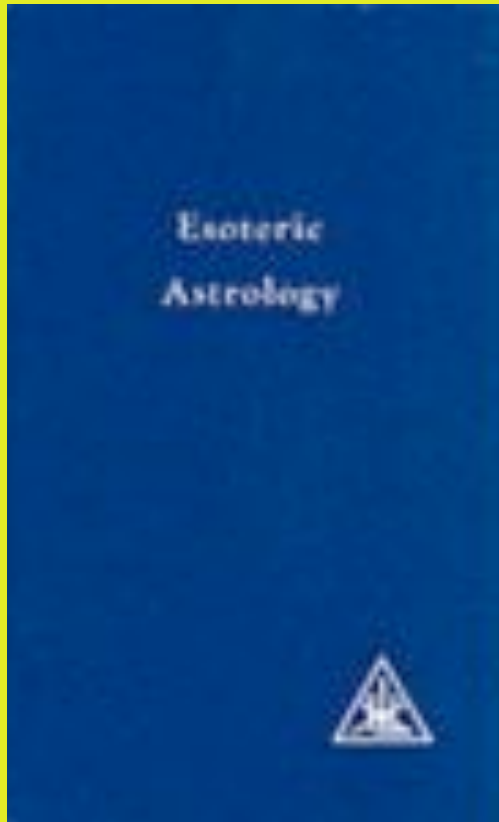
# Required Reading



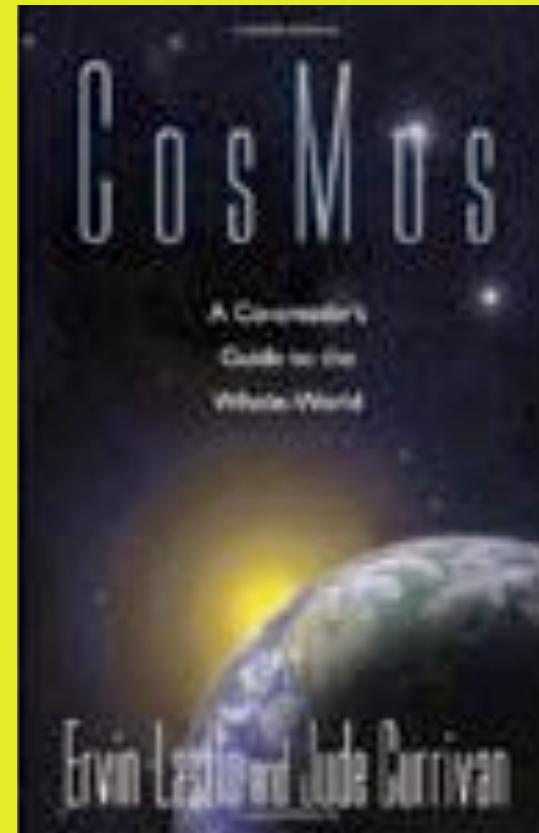
***Predict Your Future: Understand The Cycles Of The Cosmic Clock***  
by Elizabeth Clare Prophet



# Recommended Reading



***Esoteric Astrology***  
by A. Bailey



***CosMos:***  
***A Co-creator's Guide to the Whole World***  
by Ervin Laszlo

# Dates of MU 1009 Classes

**Nov. 7 – 14 – 21 – 28**

**Dec. 5 – 12**

**From 9:45 to 11:15 am MDT**