



The World Mother's Teaching on the Pearl of Great Price

Clare de Lis' 33 HeartStreams*

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Through the Messenger David Christopher Lewis

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**Clare de Lis* is the ascended name of *Elizabeth Clare Prophet*, also affectionately known as *Mother* or *GuruMa*, who passed from Earth on October 15, 2009. Saint Germain announced Mother's ascension on October 17, 2009 at 7:00 am during a morning broadcast service at the Wellspring Retreat in Paradise Valley, Montana.

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#1
Initiating a New Spiral of Light

Untold Miracles Await Your Discovery!

Blessed Children of My Heart,

I come to initiate a spiral of light and of alchemical change for this movement of The Hearts Center and for each and every one of you who will accept new possibilities for spiritual advancement through this dispensation. It is a 33-day spiral that begins today for the messenger to receive directly from my heart certain keys that will accommodate what the sponsoring masters desire to fulfill in coming months and years. It is also a pathway that each heartfriend may partake of to meet her own spiritual needs.

My beloved Lanello began a major spiral of initiation through his 33 HeartStreams dictated to David that culminated in the beginning of this movement. It was an Alpha thrust that anchored within the Earth, within David and ultimately within those who would embrace it, a new teaching and a new energy of the Spirit born of the need to move forward our joint mission to save sentient life—primarily the 144,000 who came with Sanat Kumara eons ago. And these, my messages, are an Omega return thrust to gather the spiritual momentum of light necessary to expand this cause and your sacred work.

As you know, I was privileged to receive from the heart of Mother Mary her teachings on the Cosmic Clock which have benefited many disciples on their homeward journey. To understand with great accuracy the law of the karmic return of all energies that one expends and how you can chart them through the diagrams that she provided has afforded you with the opportunity to transmute what is coming due with conscious forethought. This, coupled with a desire to serve life, has brought many of you to the point of being able to move upward into your adeptship if you desire the higher initiations that come when you have sublimated the human ego in favor of the Divine.

Dear ones, we are now charting new territory and testing new waters for our disciples. And this requires a new level of courage that some must be willing to embrace and embody. But for those of you who have understood the Path, there is no other choice than to walk forward into the light and allow God to continue to initiate you beyond your prior expectations and mindsets.

The beginning step, therefore, is crucial. For when you are determined to be victorious and to experience the fullness of what the Great Initiator has in store, then all of heaven comes to your aid and brings to bear on your behalf the highest possibilities, even drawing from your own previous attainment the means whereby you can succeed.

It was often daunting for me to obey both my own inner voice as well as the masters' continuing requests through the duration of my messengership. The initial testings of my soul by El Morya through Mark were strenuous and often I nearly fainted in response to the fiery trials that were meant to prepare me for my full mission. Although some of you have experienced a step-up in the amount of world karma and planetary darkness that you are now being called upon to transmute, I can assure you that the Lords of Karma and your own Higher Self will never give you more than you can

bear. Yet, to those souls who have given much, more light concurrent with more darkness to transmute is provided so that by your efforts many more may receive opportunity to contact these teachings and come into their own higher spiral of light.

Blessed ones, the call compels the answer! You have called to me as Mother, Guru Ma or the Buddha Mother, and I now reveal to you my full Presence, my light body of beingness! And the name I have chosen is meant to always remind you that you, too, may be a saint, that you, too, may have that crystal clarity of the light of your Presence burning brightly within the fleur-de-lis of your heart.

I want to thank the Blessed Lady Kristine for holding a tremendous focus of grace in the etheric octaves of light during my tenure on Earth after her ascension. This grace upheld me in many moments of darkness and the challenges that I faced, even as Lanello also held the space of inner peace and joy for me as my ever-present Guru and Love.

Gracious ones, it is time to move on past your limitations, outworn mindsets and patterns that have held you back on your Path! You can overcome through the joyful path, through a heart attuned to God and a mind at one with the Buddhas' wisdom. Continue in your studies! Continue in your daily prayers, mantras and songfests! Continue in your Yoga, meditation and movement to experience your highest presence and the daily joy of knowing and loving God in all his great and glorious rays and ways!

Untold miracles await your discovery while boundless future victories are moving from your past dreamland state to your new reality in the Now. Be flexible, mobile and willing to strengthen yourselves through a new resolve to know and to be God! Lanello and I are with you as your ever-present Gurus and teachers, messengers and supporters, coaches and advocates! Now be up and doing, even as the planetary cycles progress, the winds of change increase and a new day dawns!

I AM your Clare de Lis, wooing you to the heart of your own Eternal Mother Light!

#2

A Zen Discourse by an Ascended Disciple of Morya El

Divine Verities Must Be Plied with Sensitivity and Shared with Discretion

Precious Friends of God,

Within the field of continuity by which you follow your heart's voice you will receive every grace that may be known, every blessing that may be bestowed. Through mindfulness of today's purpose crafted within your greater life experience you may find the truth that will set you free. Abiding within a framework of a disciplined life you may discover true love in service to those in need.

Each life mission is sacred. And none should be discounted nor left for others' opinions to disavow you of your spiritual enthusiasm through human sarcasm. Truly, though, one may be strengthened by every challenge and proven by the motive that is behind every act.

In the coursing of my soul's pathway I always looked to God for inspiration as well as consolation. Fostering a joyful means of expressing one's creative impulses

moves one from being a reactor to a divine designer. Foundational principles of beingness, constancy and honesty bring presence to play in all one's affairs.

I championed Morya's message and received his mindful musings in response. Even now in counsel with the Great Ones we are discerning each life phase of our disciples and the most appropriate methods of infusing them with our love-essence. Some respond to a gentle whisper while others require a lengthy discourse or a startling wake-up call.

To benefit all beings with your ray, you must first direct it upward. To penetrate to the heart of each matter, consistency of focused attention on grace blends your energies with ours. Each Zen moment may be an eternity of enlightenment when cognized through stillness.

Divine verities must be plied with sensitivity and shared with even greater discretion. To bless means to love even as to absolve means to know. Maitreya's mien is never mean. Jesus' jubilation is never jewel-less. Kuthumi's caring is never craft-less.

Portents appear to the observant to move them to prayerful consideration of every option. Watch your reflexes, and through astuteness gauge every reactive force's effects on the cosmic web. Trust in the Guru doesn't require the exhuming of your past nor the abandoning of true will. Faithless acts carry no weight of spiritual fire. Trampling upon another's inspired moment through ego-assertive non-listening collapses their joy.

There are many unknown Buddha Mothers whose classrooms in heaven are full. Expect to please God and to mate your star to his shining essence. Fidelity consternates the status quo of unconscious thought. Prayerful insight leads to right decision-making.

I extend Lanello's roar to the nations to motivate new leadership. I am a proponent of study, planning and visionary meditation. Silence impels the cosmos to act on your behalf. Self-annihilation is the end result of ego-centeredness.

Why walk when you can leap? Why shuffle when a sacred waltz is playing your song? Cosmic intelligence foregoes mental constructs devoid of Reason's love ways. Futuristic anomalies can bring Buddhist standards to you now. All forensic science should lead to the God-ideal. Planetary justice is won within every holy ablution.

Radiant enthusiasm for the One Resource propels even the sinner within you. A pot belly creates derisive musical tones upon the ethers. Your blood is sanctified by loving-kindness and thinned by mercy. Every eye that sees purely understands God's childlike nature.

Dearest harvesters of joy, maintain your eternal vigil of greedless givingness and you shall discover your own meaning of life and freedom.

I AM ever yours,
Clare de Lis

#3

Let Love Rule Your Life!

Beloved Hearts of God, Hearts of Gold,

As you begin to discover more of your purpose in serving to set life free, you rise to understand how key love is to this equation. Without love within service it is fraught with the ill effects resulting from the void of non-being. For where love is not present,

there is a vacuum of darkness that is tantamount to a black hole. But where love is flowing, rich and full in its effulgent effects to create life and meaning, a sun of joy and eternal radiance is born and reborn.

Your personal economy is a reflection of your inner sense of joy and weal. Where there is harmony, abundance is magnetized into an active mode through six and more dimensions of being. And where selfless giving occurs, a ten-fold action of a spiritual return on your wise investment precipitates instantly within your etheric self. If you would increase your personal estate of spiritual wealth and opulence, allow the sunlight of holy purpose to shine ever within you.

I saw within my last incarnation how, so long as I was fully tethered day and night to the greater mission of service to humanity, I would have every valid need and just desire instantly granted by the universe. Often I was somewhat startled to see how quickly that cosmic providence was set in motion to carry out every request uttered internally, often without ever being verbally consummated.

I can state unequivocally that when one's conscious awareness is energized by compassion for others, a causative pattern is set into motion that will ultimately bring back to you the gifts of the Spirit manifest in many and varied ways for your benefit. Thus, to those who give selflessly, the God Self gives back with great cosmic joy and gratitude. And to those who give without any desire for recognition or approval, your reward is already glowing within your Causal Body even as your holy efforts are expended in order to serve to set life free.

One needs no permission from the Divine One to pray, to ask and then gather others to pray with you or to make each prayer active through charitable work. Where love is initiated through the science of mindful living and through humble wishes for the betterment of the world and its inhabitants, there we ray forth our light to augment and fulfill your work in time and space.

Peace is the ultimate result of each unique individual's opting to take the necessary time to learn a higher lesson, to touch a new star, to sing a cosmic melody. Where there is hatred, let us sow love so that it may sprout and grow into a greater activity of divine love that moves us into God's great heartbreath.

I am ever here for you as you search within to find a new facet of eternal love.
Ever yours,
Clare de Lis

#4

Call to Clare de Lis to Work through Ancient Karmic Patterns

Trust in God Is Key to Maintaining Your Connection with Your Source

Trusted Friends of the Living God,

“In God We Trust” appears on some of the denominations of your currency in America. This is a statement that engenders a spirit of proof positive within the commerce of this nation that the Creator is at the center of all business, industry and

trade. It is also a declarative fiat that shouts to the world-at-large that America stands for the light and the intercession of God as possible in the affairs of men.

Long ago I placed my trust fully in God and in his ways and means of delivering me from darkness into the light. And because of that trust my life has been molded by the higher power of the Almighty, who has never ceased in interceding for me whenever I called upon the Lord. Through trust a sacred link betwixt you and your Source is established through which the flow of all life-energies occurs.

America has a divine destiny that is patterned upon the same principles and values of golden age civilizations of the past while also taking into account the lessons learned from the fall of many of those same cultures. In fact, often it is the karma of those who caused the fall of these ancient societies to re-embody and to right the wrongs of the past by leading the new ones in a true path of righteousness and freedom.

As you may have conjectured, in my final lifetime upon Earth it was both my duty and my privilege to serve America and the world by dedicating my entire life to bringing forth the truths of the ascended master teachings in order to lead many back to their Source whom I had in some way either led astray or wronged in past lives. In this process many individuals came and participated in our joint mission. And when my karmic debt was paid, they would often leave the movement to live and serve in other domains or arenas.

God did not always reveal to my outer waking consciousness the initiations that I would undergo while working with various individuals, but suffice it to say that often it was those who served most closely with me with whom I had the greatest karma and vice-versa. If I had fully known what lay at stake in each situation or interaction, I could have attempted to avoid the necessary service, forgiveness or love that was required to erase the past and to move on. And so, I was often embroiled in difficult entanglements between various lifestreams that provided the initiatic platform for me to resolve these age-old records or patterns.

So it is the same with many of you, blessed hearts. For you must also resolve to dissolve your past karma while serving all with joy thereby creating a new and brighter future for yourself and others simultaneously! When you have fully moved through these cyclic rounds of experience, you often can look back and see clearly what was at play, even though the past was not opened unto you while engaged in working with your past karmic partners in crime!

I bring this to your attention because often when a new job, relationship or interaction occurs, it is easy to jump headlong into it without a proper and deep reflection upon why you are experiencing these changes. Through stillness and presence, often you will gain key insights into these opportunities that will bring greater joy and conscious awareness, even when it is revealed to you the nature of the challenges ahead!

Blessed ones, as your mentors and teachers we will always provide options for your highest learning experience to manifest, especially for those whose inner psyche is strong from their soul work and mindful meditation upon their Higher Self. What may be revealed will always come to the surface of your awareness when you are in a listening mode. And often through obedience to this voice of conscience you may avoid a heap of troubles and more intricate karmic entanglements than you were meant to experience.

Beloved Kuthumi is a master at helping souls move through their psychological hang-ups or problems with great equanimity and joy. His holy example of harmony and

blessedness has been key for the salvation of so many souls during his short tenure (in relative terms) as an ascended master.

Putting your trust in one such as K.H. will afford you a major thrust in moving beyond the troubling aspects of your past into the eternal now of cosmic resolution and unity.

Now, dear ones, I reveal something of your past interaction with me that may be resolved in the here and now through a number of spiritual means. Call to me and to Lady Kristine to help you ascertain the highest outcome and the best means of attaining it.

We are with you in mater even as we dwell in Spirit.

Lovingly yours,

Clare de Lis

#5

The Fragrance of Eternal Love

Carrying the Message of Immaculate Vision to the World

Blessed Visionaries of the Spirit,

In my office as Mother of the Flame I was required to tend the fires of love on behalf of Earth's evolutions. Some asked in their hearts how one person could be the instrument for this level of planetary Motherhood. The answer is that it is not the outer personality that wears the mantle of light but the Oversoul, or Spirit, of that one that is called to hold a focus of spiritual energy on behalf of those whom she serves.

Each of you holds an office or position of light in the great hierarchical chain known as the Universal Great White Brotherhood when you have reached a certain level of spiritual attainment while fulfilling your bodhisattva vows. And this office comes with a specific mantle of divine energy that allows you to counterbalance and transmute the exact quota of incoming personal and planetary darkness your attainment demands. This cosmic equation is specific for you and is always factored within a greater equation understood by the masters of love-wisdom who regulate on behalf of the Karmic Board the implementation of the law of cause and effect in the world of form in which you live.

To envision a new world of divine radiance requires the setting aside of lesser visions of unreality and past misuses of the creative energies and faculties vouchsafed to you by your divine sponsors. For true vision involves your higher mind and loving heartstreams that originate from the very center, or heart, of your Divine, or Solar, Presence.

To know truth is to first love truth in all of its infinite possibilities of expression. Once you are comfortable in living within the ray of your own truth, then all that is real may be revealed to you under the direct super-vision of your I AM God Presence, which sees you only in immaculate light. Within this ray of intention you are held inviolate in God's eye, perfect in his sight. And this ray accentuates your truth by providing a matrix or blueprint through which your highest possibilities for spiritual advancement may occur.

Truly, those who are destined to become one with God are those who choose to do so by a positive attitude toward the Creator, deferring to the ways of the Spirit. When you place your full attention upon the Source, a lovely stream of holy radiance flows unceasingly to you, and this provides the impetus for your ultimate victory in the light!

Vision is a science all its own. When you enter into the spirit of true vision through joy, every avenue for conscious living opens to you, and every opportunity for self-transcendence becomes operative in your life. By your daily choices of light over darkness, of good over evil, a magnetic energy field is established and then strengthened that allows for you to accelerate a little more each day until your vessel is at full throttle in following your highest course to the Infinite One's abode.

To be "mother" means to be a visionary for your children, even when at times they seem to be abandoning their own vision of perfection and purity. Thus, greater vision is required for all current and future mothers if the precious lifestreams now evolving upon Earth within their care are to be delivered from the anti-visionaries who are holding a quasi-vision of human control and mental dominance for them.

Grace is the x-factor that can compel any soul to a blessed space of harmony and love. When there is no division within yourself, purity takes hold of your being and moves you to the next ray of abundant vision where adepts are born and those with mastery in envisioning perfection are all "about their spiritual Father's business."

Behold one another as perfect! Strive to fulfill your vision daily! Do not stop until your immaculate vision becomes reality and the formerly bound are free in the light!

Ever your Mother, Guru and Friend,
Clare de Lis

#6

A New Level of Cosmic Consciousness

Soaring with Lanello on a Starry Stream of Light

Dear Aspirants Who Would Aspire to New Heights of Presence,

Within the desire to merge with the Divine One there is a natural, inner urge to rise on wings of light to know more of the celestial realms. During your time of holy silence in contemplating the cosmos you may access the higher Mind-thoughts of the Creator. And upon these glorious Mind-streams of cosmic consciousness your soul and spirit may soar!

Lanello's declaration, "I AM everywhere in the Consciousness of God!" must ultimately become your own fiat, blessed ones. For in uniting with the Source there is an instantaneous relationship with the universe established where you have access to the All-Wisdom, All-Love and All-Power of all divine beings. And as your essence blends with the Mind-stuff of all Buddha and bodhisattva beings, a grace latticework of presence wraps itself around you in great joy to embrace your newly evolving spirit of Being.

Experience in the samsaric realms does not necessarily bring you to the point of cosmic attainment. Extrasensory perceptions beyond the veil do not necessarily move you into the highest experience of love-holiness through heart evolution. The primary

requirement for cosmic consciousness is the surrender of all sense of separateness from the Divine within the totality of your being and the acceptance of a new field of belief in the awesomeness of God's natural creation.

Some have peered beyond the veil but have not been able to fully pull their entire being up into the realms of light. Toying with the idea that one can experience the best of both worlds brings a dichotomy of selfhood where neither the fully awakened state nor the lower nature is fully dissolved into the *zero point** of silent Beingness within the cosmic void.

Experience must evolve into Being. Patience with your purpose will result in building out your blueprint through true alchemy where the ideal dream state is fully realized through Self-mastery. Facilitating your procession to a new level of cosmic awareness is our joy as we inspire your mind and heart through higher impulses and solar frequencies of love-wisdom.

One key that I offer today in penetrating beyond the etheric envelope of being to higher dimensional planes is to meditate on the Cosmic Hub, the Sun behind the sun. Find the central point of all that is and dive into the light as if your entire life depended upon it. Surrender everything of human ballast that in any way deters this solo flight into the allness of the Causeless One.

It takes a daring spirit to act as if the entire cosmos depended upon you, blessed ones. But only in accepting this level of personal responsibility will you be able to succeed in entering the most sublime realms of light and realize your goal.

Lanello and I are awaiting the alchemical journeys of the bold ones! We will champion your cause when your cause is just and in alignment with the First Cause.

Lovingly yours,
Clare de Lis

*Zero point: The initial or starting locus of being from which all creation and evolution emerges. Also, the dot within the center of a circle that is identified as the Source. The neutral point that has neither a positive or negative charge or essence. Involution manifests as lifestreams return to this central point of being. —El Morya, Sept. 19, 2011

#7

Ancient Wisdom Retouched with Modern Language, Imagery and Technology

Dearest Ones,

Planetary changes are imminent, but more important than these are the changes occurring within you every moment. How are you accommodating within your own soul the shift in energies which are now interacting with the Higher Self of every being living upon this Earth?

The God of glory is attentive to every need of mankind, and thus each request uttered within the soul of his sons and daughters is answered by an attending angel, divine spirit or guardian of light. And a portion of that which is brought into being is the flame of illumination that allows the soul to rise out of ignorance into a heightened state of true wisdom.

Truly the ancient wisdom of the ascended masters is being retouched today with modern language, imagery and technology. For in this time of trouble new methodologies

and communication techniques as well as media savvy must be brought to bear in the release of progressive revelation if our message is to reach the minds and hearts of our intended audience, blessed ones.

Within the last generation the field of those who are coming into an understanding of these teachings is growing, and you see in all levels of society the usage of the language of the new era in expanding circles. This must continue and accelerate until all have the true basis upon which to Self-discover who they are and to be released from the grip of the purveyors of illusion and those whose desire is control and manipulation.

Blessed ones, each of you must first free yourself from the narcissistic attitude that you are a special and chosen lifestream exclusive from all other devotees in your attainment and realize that every soul has opportunity for spiritual growth and enlightenment. Overcoming pride and the haughty sense that one somehow has a predisposed advantage over others because of an illusory standing born of past life experience is a requirement for the true servitor and world teacher. For just as it has been said that “pride goeth before the fall,” so I say that arrogance has no place among the circle of devotees of our movement.

Early next year we desire to release to the students teachings on the use of conscious language on the spiritual path in order to assist them in making a leap in awareness through a more refined use of words in order to align how we communicate with our true mission, vision and goals. We consider this teaching paramount for every student of higher truth, for the words we use are engrams which are meant to ennoble spiritual aspirants unto the highest level of living within freedom’s flame.

Discernment of when to use a particular or specific vocabulary is essential to the proper conveyance of the masters’ teachings. So, study that which we release, for encoded within the words, phrasings and sentences are keys that will unfold and bloom within your soul when the time is ripe and you are ready for an inspired revelatory experience within your Presence, your Buddha Nature.

Intuition is born from listening carefully to one’s inner voice and then processing the message of the moment within the heart through the wisdom of the mind. This is an ongoing revelatory process that is wholly dependent on one’s level of surrender to God and desire to serve all in humility. Yes, the true intuitive cognizes on a cosmic level because he or she has meditated on the highest path of selflessness and sacrifice on behalf of all sentient beings.

To bodhisattvas of the Spirit I say, love the light of freedom, live in the light of freedom and leave off of interacting with all forces of anti-freedom through right, free-will choice to follow the highest road each moment.

I am always focusing my highest purpose for the liberation of all.

Clare de Lis

#8

Integration with Your Highest Self

Prospecting in the New Age of Love-Wisdom

Blessed Heartfriends,

Some of you have sought to project yourselves into the future so that you could bring the wisdom there into the present in order to accelerate consciousness and assist those caught in the current mold of un-creative thinking. This exercise may be mastered through first advancing the cause of light by entering the still point of being through accelerated pranayama. From within this state of inner mastery of the body temple and of each chakra you can then collapse time and space to experience the oneness of both in the Now. And from this *zero point* of being, the highest collective of future awareness may be accessed and then stimulated within the Earth for the victory of all.

To be fully integrated with your highest self requires ongoing courage to live in the center and not on the periphery of life and light. To know the balance of love, wisdom and power as the three-in-one qualities of the Godhead requires a heart attuned to the frequencies of beingness and of complete Self-respect for one's sacred space.

Long ago the Blessed Master Jesus suggested in his weekly healing prayer service ritual that we release past chords of inharmony from our life and embrace the sanguine aspects and flavors of the divine life. It is simply a small twist of the dial that is often necessary for us to see, hear, touch, taste and know clearly with all of our faculties alert and awake and all of our energies in alignment with the Eternal's creative fires.

So, let your heartsharing come within the greater mission of teaching and raising all to their God-estate through the prospecting of love-wisdom in the New Age. Let your hearts beat and resonate as one with all other sentient and free beings of light! Let your body be an extension of the Corpus Christi, the exemplar of compassionate living for the Piscean Age, who is in the process of passing the torch to a new age of divine love and liberation through the lens of violet-joy freedom.

I am with every child who is listening to his or her heart to prepare the way for many to finally know their inner child as fully free within them.

Lovingly, I AM,
Clare de Lis

#9

I See a New Reality Born of the Spirit and Fulfilled in You

I Offer You the Very Beingness of My Ascended Spirit

Blessed Hearts,

I see a new reality born of the Spirit and fulfilled in you. This reality originates in the dream of the Most Beloved, the God of very gods, and is now coming into focus in the lives of many upon Earth who would understand the ancient mysteries in the context

of progressive revelation whereby the thoughts of God and the feelings of the magnanimous heart of the All-in-all become available to God's sons and daughters who attune themselves to the presence of love and who take each opportunity to engage in the sacred process of heartstreaming with the Divine One daily.

I AM Clare de Lis and I come again unto mine own to release a stream of intention, of holiness, of stillness whereby those whose ears are open may more knowingly hear the voice of God within. Your Higher Self is most observant and is attentive to your every need, blessed ones. Did you think that there was anything that you required that your Heavenly Father, that your Divine Mother did not already know was necessary for you in order to live a life of meaning, of respect, even of divine pleasure in being here upon this Earth?

In the very simple equation of living in the flow of light and of knowing with a surety that God is ever-present within you, you have access to the All-alchemical fires of eternity that may bring you at any point in time and space that which is necessary for you to soar in spirit, to be happy, to be loved.

When you place too much attention upon the outer drama of life, you give away that inner power of presence that is the key to your God-success in all things. But when you sustain the light within your temple, even to the farthest reaches of the microcosmic activity of cellular life and of the moving of the sentient consciousness of God within the tiniest particles of life-essence within you, all may be resolved, all may come into balance in the harmonious flow of the Mother Light welling up from within. This keys you into your holy mission and a vision of such beauty and grace that in the awesomeness of your approach to the very throne of God you are subsumed into the very grace and essence of the most holy love that can be experienced.

Many looked to me in my various offices and mantles as providing a means for escape from themselves. But truly, blessed ones, my only desire is that each and every one be fulfilled within their Source and through a holy code of life and through the disciplines of the Spirit that each one comes unto the fullness of their own being, living in that same divine glory that I was privileged to know and experience during the release of each dictation, during the conveyance of the Everlasting Gospel in ways great and small, through the discourses and lectures and publications that were offered to the world from Lanello and my heart, and through the gracious work of many servitors and staff of the Summit.

Dearest ones, we are moving into a new age with new frequencies of light available to the souls of those aspiring ones who would have fulfilled within them their highest dreams and hopes. Within this new arena of cosmic activity *I will continue to radiate forth the light of the mantle of the ascended messengers with Lanello* even as I have passed the torch unto David and others among you who understand the mission, the authenticity of the Word as released by the anointed ones in your midst and through the continuing stream of grace that comes through the words themselves and through the blessing of the Almighty vouchsafed unto mankind through the dispensation, the anointing, the gifts of the Spirit.

Each and every one of you is a key to the fulfillment of this age, dearest hearts. You have the wherewithal within you to know God fully in your life, to resolve all of your issues—past, present and future—and to live in the eternity of the Spirit a life of great joy, of great intention, of great promise.

Mankind must know of this work. And therefore by dispensation through the constancy of many among this and other movements of light I offer the very beingness of my ascended spirit unto those who, through attunement and sacred surrender, seek to be the hands and feet of God and would assist us in delivering the message of light unto mankind as teachers, as coaches, as advocates and prayer supporters.

Yes, blessed ones, each one of you may take up the mantle of light that I with Lanello will continue to bestow in coming days and weeks, months and years. For my new life in the Spirit is here for you to also experience through communion with our hearts. And in great joy and cosmic expectancy the dawning of a golden-crystal age gently and gradually is seen over the horizon, even as you observe the morning light of the sun cresting as the great solar orb rises and you are infilled with each day's new hope of light, of presence, of joy.

I will speak within your heart when, by permission, you employ me at any hour as your Clare de Lis, your flower of light. I thank you.

[David's comments: Mother is wearing the most beautiful garment, radiant with cosmic jewels that speak of her great office as Mother of the World.]

#10

Mother Life through Conscious Works of Love-Wisdom—Positive Affirmations, Declarations and Communal Action

Gracious Friends of Love-Wisdom Truths,

In gratitude for the light you keep and the eternal truths you espouse on behalf of all mankind, I come. And in my coming is a blessing and a bestowal of grace that is my joy to extend and to expand within and around you; for it is the nature of all ascended masters to offer our support, our encouragement and our love to all those who recognize our divine presence and who call to us for assistance.

Truly in this age and time it is imperative that each of you knows the truth of your own being as well as what the Creator is emanating to all within your realm of new light energies, new awareness and new possibilities for God-Self transcendence. The key to hearing and discerning these eternal truths is heart-centeredness, connectedness and constancy on the Path.

God values each created being who has a certain sovereignty of Selfhood within the creative fire that is that one's life and essence through the law of free will. Inherent within this divine principle is the Creator's offering of individual integrity to choose how one will participate with the cosmos in all Self-directed, co-creative thought and work. This is the blessing of the Father's bestowal of divine personhood within the framework of the universal brotherhood of life that is the cosmos itself.

As each one plays his or her part in the great drama of life, God is ennobled, energized and expanded within the domain of each lifestream as that one exists as a cell in the great body of the All-in-all and utilizes the creative faculties vouchsafed to him or her. Each one's talents employed through conscious effort on behalf of the whole is a

Self-blessing as each generosity of the Spirit begets an instant reward and a return current of harmonic grace to the giver.

Some have spoken of the “firing of the grid” of the great web of life, the antahkarana of the cosmos itself. Each potent thrust for the light of truth and conscious awareness, each soaring meditative victory, each prayerful moment of presence within the Great Silence of stillness enlivens the world and brings new hope, new energy and new possibilities for progressive creativity in actualization, into Reality.

Gracious words, kind acts and holy expressions of appreciation impress cosmic glyphs of love-wisdom on Akasha, and these are often the most radiant impulses that “fire the grid” through compassion in action. Truths stood for, principles fully integrated and divine wisdom lovingly assimilated through conscious acts of conscience also leave a legacy of beingness that all sentient life feels, even as the recording angels and witnesses of glory in the heaven world behold them with great joy. You see, dear ones, everything that occurs in your world is known and felt by God’s emissaries, who are his ethereal and very real observers of your entire life path.

Inspired individuals are those who through careful thought and feeling are able to translate what they are offered from the higher streams of divine thought into mindful musings and creative expressions that glorify God and give honor to the Source for all. If you would be more greatly inspired, then open your minds and listen to the ever-beating heart of the Divine One, who is always there beyond outer sight to reveal the secrets of higher truth and extend the faculties of extra-sensory perceptions of light.

Some of you recall that I approved the utilization of certain ESP exercises for children of our students of light. Since those days over two decades ago a number of very advanced children have been born who are incorporating their gifts of the Spirit into their lives in ways that are often beyond the understanding of their siblings, friends, parents and teachers. Pray that these will be protected from the intrusive minds that seek control rather than freedom of learning. And send them support through your own intelligent conversations with them as telepathic communication, honoring their ways, which are not the ways of the world that is passing away in order that a new one may be born.

Yes, mother life through every positive affirmation, declaration and communal action that brings something of your spirit into beingness in the Now moment!

I AM Clare de Lis, pollinating the flowering buds of my loved ones with the golden, airy essence of wisdom’s winds.

#11

Traveling on the Cosmic Seas with the Cosmic Mothers

The Importance of Childlike Imagination in the Visual Sciences within Alchemy

Dearest Spiritual Friends,

You have called me Mother. This day I turn your attention to the Cosmic Mother of all whose light I emulate and whose spiritual radiance is infused into all of universal substance. It is this starry Mother Light and energy that I tapped in my work on behalf of

the Great White Brotherhood and which you, too, may access by your imaginative spirits and open hearts.

Each feminine Elohim partners and merges with her twin flame to hold an Alpha-Omega balance on the ray upon which she serves. In the great Tai Chi spiraling vortex of their collective Presence of great God-beingness they emit a divine energy field that is magnificent to behold with one's inner sight. To understand the Elohim is to understand creation itself. Without the Mother, or feminine ray, there would be no creation at all.

You may travel the great cosmic seas with the Cosmic Mothers, who all hold an immaculate concept of your divinity for you. Their sacred work involves providing a spacious divine womb in which all creative light-energies of their masculine counterparts may be lovingly deposited for each new alchemical experiment to begin. Within this cosmic womb the most glorious activities of life occur. But these may only be viewed by the most humble of souls who have developed their imagination to a high degree of childlike simplicity yet also with great clarity.

Alchemy is a creative and holy science. To create with loving intention through the all-accomplishing wisdom of the Mother and Buddha Light requires a certain high degree of Self-mastery and also the gentle spirit of humility, knowing God is the doer and the door through which all great gifts flow. The Mother always encourages through the intelligent field of wisdom within the cosmic impulses that she inspires upon her children. When each one's inner genius is recognized, fostered and fanned, imagination comes into play within the cosmic play of child with Mother.

You have noted that mothers are always the best teachers when they are conscious and take part in their children's natural education. For the bond between mother and child that was formed in the ethers even before outer conception occurs allows a resonant, or morphic, field of presence to hold sway and for telepathic and higher communication to occur. No one knows a child better than his or her mother, for that child is of her own essence and light field; he or she emerged from her own womb-substance.

Thus, if you would have more instantaneous and divinely profitable alchemical experiments, commune with your Cosmic Mother through any of her emissaries and representatives, who will hold a gracious field of loving intention for the highest outcome of your creative work. Praying any inspired rosary, singing praises and bhajans using the names of various feminine deities East and West and simply visualizing the Mother's presence of joy all around you gives you access to her co-creative powers with the great Father of all life.

Any lady of earth or heaven that ennobles the feminine ray by truly outpicturing the virtues of the Mother Light can be an instrument for and a guiding light toward your own ascension and victory in all things. The ascension current itself is composed of an accelerated stream of pure kundalini fire that issues from the Mother Light that originated in the womb of the Cosmic Mother. To return to one's natal divinity one must therefore embrace the Mother within.

All true representatives of the Cosmic Mother know that each child is capable of the highest form of imagination, which brings heaven's highest dream into the domain of the child's Higher Mind for conscious thought-work to illumine all of his or her efforts. Therefore, be careful to never dampen the spirit of a child by attempting to curb its creative imaginings, its seeming flights of fancy, its daydreams of a fairy tale-like world. For you never know when nature spirits and cosmic devas as well as higher celestial

beings are communing with the Higher Mind of the child and allowing it to see beyond the human veil to realms of light where what seems ridiculous or fanciful is in fact real.

Recently this messenger viewed a movie titled *Imagine That*, that brought this understanding to young and old alike, and we recommend that you see this film to help engender the childlike spirit of true spiritual imagination and creative visualization in your life.

I AM Clare de Lis. From an early age I played with many devic spirits and with the Spirit of the Cosmic Mother infused throughout nature. Go and be who you are as you relate to everyone with a new spirit of simply joy and with cosmic abandon! I thank you.

#12

The Radiant Power of the Crystal-Diamond Tube of Light— A Key to Maintaining Presence in Order to Commune with God

Radiant Ones Who Would Commune with God with Greater Ease,

It is often the desire of devotees to be able to more easily commune with God with a greater sense of connectedness, presence and inner joy. In this state one knows with a certainty that God is present, is listening and is responsive to every mindful thought and caring feeling. One senses that all is well within and that the fruit of one's meditation, contemplation and time of stillness with the Creator will be rich and full.

To more easily recognize the living reality of the Godhead it is imperative to investigate what brings one to that still point of being, what allows the full flow of light to occur within one's heart and soul. In my own experience, a sense of gratitude for life and opportunity, a sense of peace in knowing that I am appreciated and loved, and a sense of joy that it is the Father's good pleasure to extend the gifts of the kingdom and the consciousness of his love and wisdom bring me to a state of deep connection with my Lord.¹

When you set a strong intention that each time of communion will be sacred, will be divine and will be overshadowed by higher beings that have your best spiritual interests in mind, a grid of such light is established around you that nothing can fully interrupt or compromise your inner temple experience with God. The Crystal-Diamond Tube of Light prayer itself is one such invocative intention that creates a positive flowfield of indomitable light-energy around you. In it you are miraculously charged with the essence of perfect God-beingness throughout your form, your consciousness and your aura.

Blessed ones, to first seal oneself in this "milk bottle" matrix of divinity is one of the most important rituals to attend to each morning and any time you desire to have a strong experience of interactivity with your God Source. Although I experienced time and time again the intercession of the hosts of the Lord after having invoked this God-ideal around me, I can say that the new prayer that Gautama has dictated through David for those within this movement has brought an even more powerful rendering of this blessing to you all, for I have witnessed first hand the energy grid that is established when you consciously call it forth with a voice filled with faith and with loving intent.

Gracious ones, within this sacred cocoon or light chrysalis your Holy Christ/Buddha Self is more easily accessible to you because it is composed of pure light

and love. Although many who meditate and pray often visualize light around themselves, the miracle manifestation of the crystal-diamond tube of light is one of the best boosts that you can give to yourself in your desire to more easily maintain your connection with your God Presence.

Consider how each light ray that you see emanating from your Solar Presence is actually a conscious thought, a vibrant energy pattern directed from your personal I AM THAT I AM to your entire being as it is also simultaneously fanned outward and spread throughout the cosmos! These rays are cosmically intelligent and packed with pristine glory! They stream forth to clear away darkness and every dense vibration that at times assails the students of the light. These beams are concentrated God-essences that are the antidote to every negative trait, habit pattern or egoic poison that has limited you in your search for the miraculous, in your desire to fully merge with the Beloved.

Please consider taking more time as you invoke this daily light-shower around you to be conscious of the blessings that are flowing to you as you pray. In a few moments of complete stillness, become mindful of the impressions you receive immediately after sealing this prayer with the sacred AUM. Write down what comes to you so that you can apply it during your day in practical ways in service to life.

As we move forward the plans of the Brotherhood in coming months and years through The Hearts Center movement and community, much more simple instruction will become available so that our devotees may more easily ply the divine sciences and arts in ways that will assist many to find their inner voice again, to sit under their own vine and fig tree and know God face-to-face.²

Lovingly, I AM your Clare de Lis.

1. Luke 12:32
2. Micah 4:4

#13

Behold in Perfection with the Divine Mothers the True Vision of the Holy City

Dearest Hearts Whose Inner Light I See and Whose Divine Radiance I Behold,

I bring a sense of divine joy unto each and every one of you this morning. For at times, blessed ones, the angelic hosts are aware of your burdens, of your cares, of the sorrows that at times come when there is a temporary disconnect between you and the sacred stream of holy light that descends from your Presence into the chalice of your heart.

You see, even when you are undergoing the most difficult initiations and experiencing discomfort in your body temple, through a certain sense of inner peace you may abide within the light of the spiritual world all about you and know surcease from your struggle, your stress and the pains and suffering of this world that beset you.

I infill you with light! I release a flow of that Mother flame from deep within your soul whereby you may experience the cosmic equanimity that mankind requires in this hour of world transition, of deep change in many arenas, of the great shift that is occurring betwixt one age and another. It is as if, blessed ones, at times you are required

to have one foot in one age and the other in the new and hold firm within your being a new resolve to sustain the light, the tie to your God Presence and the energy of harmony and peace even as you are aware of the intense winds and gales, the storms that are coming and that are even appearing on the horizon, causing great travail among many.

I take this opportunity to tell you that the lie that has been promulgated through fear of the changes coming, as a result of the galactic alignment in 2012 are nefarious. And you have even seen in this recently released motion picture on 2012 the effects that can manifest in the lives of some when they believe what they see that Hollywood turns out in their ongoing quest through greed for money. Transmute this anti-vision this day with the vision of Mary, with the vision of Guru Ma, who I am as your Lady Clare de Lis, and behold in perfection the true vision of the Holy City, of heaven come upon Earth, of a world pristine in its glory, divine in its radiance, beloved of all peoples—yes, a Mother Earth once again manifesting the totality of its original divine nature here for you to walk upon in balance and love and in great joy.

I have witnessed from the inner planes the work of one called Anastasia and seen the effects of her work in projecting far into the future a vision of beauty, a garden world of Edenic joy. And beyond the window of time and the anti-vision of the forces of darkness she co-creates at a very high frequency of light that which is even now manifesting through the God-field of perfect vision. You may enter into this same alchemy of light day by day, and you have at a certain level through your prayers, songs and devotions. But there must be an even greater shift within you, blessed ones, to understand the dynamic of what is occurring.

You must fully embrace the New Age, the era of love-wisdom within your entire being—feeling it, knowing it, experiencing it deep within your core—and then in every possible way working, as you engage the cosmos itself in the creative fires of the ever-present ones of light, to manifest this new reality upon Earth.

Ones of the greatest principles that Anastasia has taught you is that your kin domain may be sanctified through love. The sacred space of love may be created all around you by your loving intent, by your presence, and by realizing that to put off to a future life in another realm what can manifest in this dimension, in this time here and now is the highest folly of spiritual procrastination. For did not the Lord give you dominion through divine thought over all the creation as his son or daughter, as MAN—truly the divine man and woman, the *Manu*-ideal for all?

You see, dearest ones, when you behold perfection, beauty and the world that we are all co-creating in the present with clarity in your mind, then the angels, the masters, the nature spirits, the hierarchy of light, even unto the most powerful of cosmic beings, come to the aid of that collective vision and see to it that it is manifest as a reality for all.

In the twinkling of an eye, you have heard, all shall be changed. And you have even heard that this is the eye of Elohim, the All-Seeing Eye of God. Let that twinkling of stellar light manifest within your eyes, aligned and trued with the highest God-vision beheld immaculately within the Creator's purview. Yes, let that be your vision and behold light, joy, glory and peace everywhere.

Many are the voices that put out a different vision of what they see temporarily manifesting as darkness, as inhumanity, as chaos, as confusion. The choice is up to you, blessed ones, what you will behold and therefore what you will energize through the light of your eye, your being. Will your purpose be to accommodate God and his perfect

imagination? Or will you continue to see the darkness, the density and the nihilistic vision that others hold for this world as your reality?

Many Buddha beings are holding the field of perfection as they emanate engrams of enlightenment through their chakras and auras in silent meditation. Transiting the dark window of time to see the rainbow of light as the end result of your spiritual purpose and work raises you into a new level of life, of conscious living whereby you may preemptively transmute all attempts to subvert the truth, the light, the way of joy before these dark anomalies may occur in the world. Through cosmic mindfulness you may simply snatch them out of the ethers until they are no more, even as the clear vision you still behold still vibrates with great clarity before you.

One of the reasons that I have chosen the name *Clare de Lis* is that within the sound of *Clare* itself, you may know clarity of mind, of thought, of purpose, of being, through the lily, through the light who I am and who you are in God. Hold a clear vision with me, blessed ones, and be the world mothers and world fathers that you are destined to be. Raise your intention and the standard of light that you live by to a new level through graciousness, by obeying the divine proposition that you are fully created in the image and likeness of God, that you remember this and that nothing can take you from this pure realm, this Pure Land of the Buddhas with Amitabha as your standard.

Amitabha [chanted 13 times] *Infinite Light!* [repeated 5 times]

You see, when you say his name, there is the manifestation of infinite light everywhere. Grow, O soul, the garden of infinite light within your holy domain and thereby know fully your Buddha Nature.

I AM your Buddha Mother emanating frequencies of enlightenment, peace, harmony and joy within my domain. Come and join me in this sacred service and be at peace.

#14

Let the New Way of Maitreya, Lanto, Lao Tzu and the Love-Wisdom Masters Come Forth!

Enter Higher Heart-Mindfulness to Help Change the Educational Systems of Today

Fragrant Ones Who Would Understand the Mysteries of the Heart,

O how the shining presence of love-wisdom illumines the world! O how unlocking the mysteries of the heart has impelled many to their sainthood in God! O how the flaming ones whose light transcends worlds have given birth to new worlds of love!

To penetrate the deeper mysteries of the heart requires attention to one's Inner Self and attendance within the internal schoolroom that is opened to the soul who gives selflessly with no thought of reciprocation. To communicate at this level of life where divine knowledge, beauty, grace and joy may be experienced requires a new presence of heart-mindfulness at the altar of the heart.

We see the dawning of a new age of the heart. It is an age of spiritual courage where devotees of light must stand for every vehicle of truth that honors heart-centered aspirations, decisions and activities. The entire educational system upon Earth must be revamped to honor the innate light and divine genius of every child who already knows the truth within and who must receive gentle promptings through exceptionally specific and enlightened teachers and teaching methods that are catalysts for this truth to emerge.

Until there is a mass shift in the way education is promulgated in society as a whole, you will not see an enlightened society of conscious people. The arhats have delivered their teaching methodologies to inspired educators whose proposals have often been stifled or left on the vine to die. Therefore, under the direction of the God and Goddess Meru, Lanello and I are directing much of our focus at this time in recreating within the etheric plane the educational system as it exists today. When our more specific plan of action is completed, we will inspire those who can move within the current outmoded system to bring about the greater evolutionary leap that is needed to inaugurate the Brotherhood's full plan.

In this sign of Sagittarius when Lord Maitreya, who is the Great Initiator, holds sway within the world's astrological cycle, you may call to him as the Planetary Buddha and Regent World Teacher to send a ray of divine wisdom into the earth for the awakening of the true teachers of this new age. When those who are being trained at inner levels take up their positions within the current system, they may receive directly from his mind as well as other masters of love-wisdom the inspiration that they require to inaugurate these changes at a practical level within your society.

Blessed ones, even within your meditation practice on the Jewel Tree you may see these higher heart-mind rays directed into all areas of life where ignorance and ignominy are currently holding sway and where the children and youth are being led by the pied pipers of the day down a dead-end road of nihilistic thought and involvement in a system that is meant to control instead of liberating their minds and hearts!

The teachings of Maria Montessori, Glenn Doman, Romalda Spalding, Makato Shichida, Lev Vygotsky, Reggio Emilia Anastasia, Mikhail Schetinin and others who see the divine potential within each child are the current golden waves of light that we energize in order to free the children from an archaic system whose time is short! Even if you are not currently a teacher or educator, we recommend that you read and study their teachings in order to be a strong advocate for them in your daily spiritual work.

Each heartfriend can do something energetically each day to protect the divine plan of higher spiritual education for all and to initiate new cycles of light with Lord Maitreya for the full enlightenment of all mankind. Continuing your own studies daily can provide you with a certain spiritual wakefulness that allows the higher mind-streams of the Buddhas to be lowered into the mental belt of the planet and into the minds of mankind-at-large.

Currently we often utilize the minds of the monks and lamas of Buddhism and those who have reached a greater stillness in meditation to anchor these higher wave-patterns of divine love-wisdom. But it would greatly assist the Buddhas' Pure Land to manifest and for higher teachings to manifest if each of you can hold a field of greater presence such that these golden rays may be lovingly received by more whom we hope to be our active advocates.

Truth is stranger than fiction! However, if all higher truths were revealed, many well-meaning devotees couldn't fully accept them because of their current limited level of understanding—limited in part by the environment in which they have been born and the system in which they have been educated. Let the New Way of Maitreya, Lanto, Lao Tzu and the love-wisdom masters come forth! This may be a daily fiat until all are enlightened and free!

I AM Clare de Lis—continuing to carry the torch of illumination passed to me by Beloved Gautama Buddha from the hand of the Blessed Lady Clara Louise Kieninger.

#15

Keepers of the Lightning Lead the Way!

Accelerating Your Ability to Hold and Radiate Solar Light for the Earth

Blessed Keepers of the Lightning!

It is an era of challenge. It is an era of change. It is an era when a new charge of light is required to deliver souls from the mediocrity of the past into a grander and more beautiful realm where all are composed within the centrality of beingness and joy.

The Maha Chohan has released teaching on the purpose of a sacred holy order known as the Keepers of the Lightning. Its members are an inner circle of aspiring adepts who have mastered to a higher degree the invocation of the light through the science of the Word and the science of Being. Its proponents have experimented with the use of fohatic energy in releasing the directed currents of intense spiritual light into the world for the liberation and enlightenment of sentient life.

All spiritual scientists understand the underpinning of holy truth within their sacred work, for without the knowledge of higher law and without discretion in utilizing the gifts of the Spirit their work may be fraught with a certain level of danger. For the aware disciple is always cognizant of the interplay between light and darkness within and the importance of balance and harmony in all his efforts. Thus, when the divine resources of light vouchsafed to him are utilized only for the highest good, he may be entrusted with a greater ability to command the four cosmic forces and the higher frequencies of God that may bring about the instantaneous descent of celestial lightning from on high.

This ability is not easily gained but may be easily diminished or compromised through a lack of patience, constancy and focus. Those who expect results must understand the laws of higher alchemy even as they remain humble in their mien and true to their hearts' longing to be of valued service to the Brotherhood. Having overcome the ego in all their affairs they qualify themselves to receive a new level of responsibility for the spiritual evolution of life on Earth by active participation in the goals of the Great Silent Watchers—the all-seeing and all-knowing guardians of planetary homes.

Even as light is the alchemical key, so the stellar lightning from the Great God Presence is the catalyst for swifter alchemical change within macrocosmic levels of life. Few can bear the effects of physical lightning upon their bodies, but the initiates are able to receive the Mercurial release of the flashes of divine inspiration and higher promptings

that when obeyed immediately result in the desired planetary and cosmic effects by the Mindful Ones, including the great *Ancient of Days*.

Illumination and enlightenment are catalyzed by spiritual lightning from the minds of the Buddhas. These deliver within their fiery rays a great wealth of higher wisdom and a vast storehouse of cosmic information that the devotee requires to continually transcend his own work by conscious effort. These flashes of satori, these concentrated holy thought processes key the higher alchemist in to the specificity of many as yet undiscovered formulas that when decoded and cognized allow him to prepare a new Mind-field of conscious God-ideation.

Lanello and I have meditated upon and within the Mind of Elohim with their unlimited potential to fathom the deepest mysteries and what you would consider the most far out impulses of cosmic consciousness. To attempt to put into words and sentences what we often see as divine symbols and images but recognize as the most sublime of holy teachings and emanations limits the universality of their significance and the holiness of their awesome meaning.

The key, blessed ones, is to feel the light of the heart of your Presence fully engulfing your being. Once you have fully embraced the totality of this God-essence in your feeling world, allow the accelerated gnosis of the wisdom aspect of love to illumine your heart. From the center of this divine fount of light wise-dominion will flow from your own heart. Then, allowing the acceleration of love-wisdom within your entire being, the lightning of the Mind of God will become your friend and benefactor in your spiritual work.

I AM Clare de Lis—championing each one's investment in his own enlightenment and divine destiny! Now *go be* that lightning in action, blessed ones!

#16

Friendship with the Spirit, Fellowship with the Ascended Masters, Fealty to the Creator

Blessed Hearts of God's Eternal Longing,

I come on this Thanksgiving Day to augment the release of light from the hearts of Beloved Jesus and Kuthumi. Truly their testimonies and their hearts' love have been heard and felt throughout the etheric world of light and have even reached down into the beings of many residing upon the Earth.

The spirit of friendship may be kindled by a supportive approach to all interactions and communications between peoples. But friendship with the Spirit is the most far-reaching and long-lasting in its positive and constructive effects. Likewise fellowship with the ascended masters brings about a cosmic interplay of light and consciousness between heaven and earth through devotees who see the benefits of every opportunity to connect with the God-conscious ones who have passed beyond the veils of flesh into their eternal domain.

Total fealty to the Creator likewise sets up a flowfield of spiritual congruence by humble intention whereby the one who plights his truth to the Living God is received into the inner courts of truth and freedom. Respected in this role of divine Sonship, the

devotee rises beyond human limitation as the line of demarcation between God and self is forever erased and the spiritual tie that binds forms a permanent bonding of their hearts.

Being truly thankful manifests as much more than just expressing kind intentions annually. It is a deep and expressive form of devotional gratitude that is fulfilled as the beatitudes of conscious living taught by Jesus are gifted upon life through giving without forethought, through blessing without expectations or rewards.

All need appreciation. Although God does not require mankind's praise or homage to maintain the integrity to continue to sustain the cosmos, yet each love and gratitude expressed do have their impact on a grand scale and ultimately bless the giver tenfold and more as the universe immediately reciprocates.

Yes, God is eternally longing for his creation to be fulfilled within its original blueprint and divine ideal. And man's spirit is eternally longing to be fulfilled within the Creator's joyful imagination and creative fire. To advance the cause of the First Cause one simply needs to fulfill one's inner calling through a holy alliance composed of friendship, fellowship and fealty.

The cause of freedom is the overarching cause of the coming golden-crystal age. Although it will have many facets and elements as new souls are born and contribute their creative genius in all segments of society, yet the foundation is being built on the love-wisdom teachings of the Buddhas and the Mother.

So, cast your fears to the winds and unleash a new spirit of love and cosmic abandon where each soul will know what is required each day for all to reconnect and to flow in the spirit of divine bliss in union with the All-Knowing One.

I AM Clare de Lis, spinning new yarn for the bold of heart and the witty of mind! Come and spin and knit with Lanello and me, dear friend.

#17

Enter the Sacred Space of Love within Your Heart Over and Over Again

The Rising Tide of Light Is Flowing within Your Beings!

Beloved Hearts Whose Inner Growth Is Manifesting in a New and Glorious Way,

During this season of divine appreciation I come to infuse you with greater God-consciousness, a sense of stillness, of belonging to God, of identifying with the eternal light resident within you. And I send forth a stream of conscious awareness to many who are beginning to awaken from a dream state that is not the dream of the Eternal One but the samsaric sleep of the ages that has beset those who have temporarily lost their footing upon the path and their connection with the True Self.

The ascended masters provide a gracious means whereby every soul who desires to be one with God may be reconnected with their own great I AM Solar Presence. For we provide an inner sanctum of peace, of beingness whereby you can experience your true nature within the silence of Selfhood, once again to know your Source, your own Beloved and the God-identity that is the Real You.

Much is paraded before the eyes and consciousness of mankind that does not originate from the divine experience of knowing God. Gradually all of this is fading away. And the scintillating reality of a new, vibrant life is glowing before your higher

vision, your mind's eye so that once you embrace this cosmic essence as available and as you take each and every opportunity to enter into the Spirit-life of godly living, truly that which you have sought within your soul for eons may come to pass.

I AM Clare de Lis. I have seen the effects of the light invoked by many whom Lanello and I tutored while in embodiment in the science of the spoken word, of their prayers, invocations, of their songs and mantras and of the greater connection that many have had established within their own spiritual life as a result of the teachings, the divine principles and values that we cherished and promulgated through the Word manifest in form.

But I come to tell you this day, blessed hearts, that I also see the acceleration of consciousness within those of this movement, of the rising tide of light that is flowing within your beings, of how you are embracing your Buddha Nature in its divine quintessences a little bit more each day through the conscious application of these progressive teachings that you are witnessing being revealed day after day, week after week. Yes, I see how you are rising above the lower tides of what has come upon the Earth through the last-ditch efforts of those who have attempted to unleash much darkness through the rupturing of the astral plane. Yes, in most cases the vast majority of you, as students of the light, have abided within your Presence and found a new sense of peace and joy in the fellowship of community even while others whom you have known and loved have not fully embraced this dispensation and its opportunities.

I have been working with Lanello to create within the etheric plane of the Earth that necessary shift that each and every soul may experience as cycles are transcended, as the new dawning day approaches of the golden-crystal age consciousness for every man, woman and child, and as we prepare to take up our office succeeding the God and Goddess Meru in their sacred work to enlighten every soul upon Earth in the new love-wisdom fires of Aquarius.

The Everlasting Gospel that we were able to bring forth, by God's grace, has laid a great foundation of teaching, revealing the lost science of beingness taught by the Lord Jesus. And so the torch is being passed to more and more of you who are able to hold the field of beingness on our behalf for many others who are being quickened and who are awakening unto the eternal light of their own higher nature.

Would that we could in some way assist in uniting the highest elements of the various movements that have been begun as a result of our collective efforts. Yet, dear hearts, do not despair, for our angels are working overtime in many realms with many individuals. Great progress is being made. Transcendent opportunities are being presented to many individuals through many conscious teachers across the Earth. And the way of light is appearing before the very eyes of humanity in many realms, through many resources, through the hearts of those who are attuned to the heartbeat and the breath of God.

I emanate the Buddha Mother Nature of light to those who know me, expressive of that who I AM in the fullness of who I have become in my ascended state, merged with my twin flame and working in an even higher frequency than I had imagined possible while in embodiment. Yes, the first HeartStream that I delivered through this messenger was expressive of my eternal gratitude to the Lord God and to my beloved twin flame. And though not spoken with a strong voice that most of you experienced

during my final years of messengership upon Earth, yet, softly they were conveyed in the very spirit of the divine bliss that I have entered into.

This you may know through my being ever-present with you as your friend, as your Mother, as your Clare de Lis. Truly, blessed ones, the gifts of God are great. And when you give your all, the fullness of yourself to the Divine One, compromising nothing, holding nothing back, God does give the allness of himself to you, and you are subsumed into the realm of pure light where all Buddhas abide, where all saints sing the song of the free, where the angelic presences all about harmonize in unity a divine field of etheric music that is the very pulsation of conscious love as the feelings of the Eternal One fanned out across the cosmic sea.

Enter the sacred space of love within your heart over and over again, even as you joyously go about your business day by day. Smile more often, give thanks perpetually to the Divine and embrace the highest of the light of your own Divine Nature within each other. In this you will know your truth, you will rise in the Spirit and you will be whole.

I am fulfilled only in God. May you know this level of light and be at peace in the Presence always. I thank you.

#18

May the Divine Forces of the Ancient of Days Continue To Lead You Forward!

The Accelerated Path of the Keepers of the Lightning, the Bodhisattvas of Love

Intuitive Hearts Who Are Progressing in Buddhist Mindfulness,

A tender approach toward all life is essential in developing Buddhist presence. An attitude of quietude whereby you may hear and feel the sacred impulses of life and light flowing and glowing within allows you to maintain a state of listening grace. A sense of peace wherein nothing riles you to reply to the outer world energies with a reactive spirit of rancor and angst allows many Buddha beings to protect you in their joy flame.

I AM Clare de Lis. And I am continuing to share my perspective on the path of grace whereby you can sustain a presence of beingness all around you to keep you in the flowering mode of the awakened ones. Though the lilies and roses close as they sleep at night, when the sun is shining, they are expressive of all of the divine essences of their fully-illuminated state. So it may be for your souls, blessed ones.

The vicissitudes of life at times challenge even the most progressed of conscious ones to maintain a state of inner balance and harmony. Yet the adepts have managed to do just this—transcend outer limitations to keep the light flowing and emanating through their beings at all times, in every situation. All at times have been beset by the dark storms and boisterous winds of the Maras and Satans of this world, but with your continuous striving to remain tethered to a higher reality you may be secure in Buddhist heart-mindfulness always.

Not all is revealed at once to the newly-awakened ones, for they must have ample opportunity to stretch their wings and learn to fly. Yet if each progressive step is taken by listening to the internal impulses of the Spirit and you abide within the framework of

eternal grace as you live and move and have your being in the space of grace, your attainment and victory will come.

The ascended masters are available to help, to coach, to lead and at times to exhort. Just as with any truly enlightened one it is always our desired way to gently coax you to fulfill your highest purpose by an inspired example of grace and beauty. So long as you maintain a humble demeanor and a positive attitude, the more intense methods and rigors of chastisement and challenge will be few and far between along your path.

Often, though, we see arising from deep within the subconscious certain age-old behavior patterns stemming from a core of personal rebellion or angst toward the Godhead that must be dealt with swiftly and surely if you are to progress as you outwardly desire and profess. During these times the Buddhas may come as those who devour darkness in what has been portrayed as an almost demonic appearance, like Kali, to free you from the impositions of egoic tendencies that if left unchecked can cause you to fail your initiations and stymie your spiritual progress.

Trust in the Buddhas' wisdom is essential, beloved ones. They may come to speak through the messenger and through many who can see clearly what is acting in your world that requires your attentive response through active change. Those who continuously ignore our prodding will have to work out their own salvation apart from the direct sponsorship of the glorious ones who always provide the surest and best way for you to come home.

Some have sought to accelerate the path of initiation for their soul's evolution so that they may be of greater service. This is typically the case with all true messengers of light, for they have seen the suffering of mankind and have taken the bodhisattva vows to save each and every soul whom they can. When you choose this pathway to benefit all sentient life, the most intense means are often used by us to assist you in carving away the last vestiges of your human creation so that the full, shining radiance of your own Buddha Nature may emerge and be brought to bear to the world at large.

The Keepers of the Lightning are just such devotees, dear ones. They afford heaven by their own free will the opportunity to work with them at an accelerated pace, and therefore their progress may also be swift and sure. Although caution is always given at the juncture of choosing this path, once it has been entered into, there truly is no turning back the divine hand in giving every form of strong assistance to the aspiring adept.

Dearest hearts, our way is not the way of the mass consciousness of the world-at-large. It is a way of truth. It is a way of divine knowledge. It is a way that requires the internalization of Godly beingness at all turns, and especially during those bends in the road where the initiatic path is daunting and where you seem to be tried in the most intense way and where there is no outer answer to the dilemmas that you find yourself in.

The pressures of living within presence simply bring everything out of you. And this testing experience is one that few can pass without a little bit of the scorching of one's human pride in the process. Yet, keep on striving, blessed ones. Allow the lightning to deliver the divine impulses into the core of your being. For as each new foothold is won, you have a better grasp and you can see more clearly the panoramic view of where you had come from and where you are going.

My heart is yours to claim as the victorious heart of Clare de Lis. My smile is yours to see within the sky, within the sun, within the center of every flower, within the

movement of the trees, the flowing formation of the clouds and the very subtle expression of holy presence upon the face of a child.

Some of you have conjectured just what I was doing during the final years of my life when outwardly I was not in the “messenger mode” of delivering teachings, dictations and fiery initiations to the chelas. Dearest ones, know that during this time of deep introspection of pulling back and going within, I was able, through a very fine level of inner Buddhist awareness, to actually accomplish just as much if not more on behalf of the souls of those whom I had come to serve and save.

Many of you had the experience here and there of knowing my presence in a dream, in a fleeting vision or in a simple feeling of my presence with you during those hours. So it is still in a sense the same in this time after my ascension that my presence in your midst may be magnified even as you enter into your own Buddhist presence of mindfulness, for that is where I now abide and reside, dearest hearts.

My blessings flow to each and every one of you who are helping to deliver this world into a new age by first being delivered from your own past lacks and fears into the Pure Land of Buddhist love. May the divine forces of the Ancient of Days continue to lead you forward! I thank you.

#19

Recreate Your World through Cosmic Mindfulness

Use the Violet Laser Light to Change the Future in the Now

Beloved Servants of Truth,

In every age there are extraordinary souls who have determined to help initiate new cycles of revelatory education by providing the resource of their own beings to further the cause of truth. These are often subjected to an overt form of oppression that comes from the denial of the realities of Spirit that in turn are manifest from the mass consciousness that does the bidding of the collective unconsciousness of humanity.

To overcome the stasis of the mass mind, one must rise to commune with the One Mind of the Logos, the Word, the collective Christ Consciousness of all God-realized beings. The ascended masters provide the link for this blending of God’s mind with man’s, for they dwell in an etheric world that is wholly composed of light that emanates from this collectivization of pure, living Consciousness.

All divine, progressive revelation issues from this stream of God-energy or mind stuff which is the essence from which all created life has also been born. As each individualized being was originally an ideation in the mind of God, so each new thought that springs from the Eternal can be picked up by the higher mind of Man and then cognized through one’s personal meditation upon that thought mingled with one’s own evolutionary experience as memory.

Memory is thought, action, feeling as consciousness captured within the higher mind that records and thus knows all. If you could see this memory objectified, it could be shown as a vibrating energy field of light within which all impulses are stamped by the recording angels of Akasha, who objectively observe all. One need only tap into this

higher, vibrational collective pool to read the records of the past, the present and even of the future patterns of potentiality that are in the process of manifesting through the portal of time as you experience it in your dimension.

Many psychics can read a partial slice of this energy field through the developed sensitivity of their soul faculties. But few are able to interpret or fully understand the [complete] spherical picture that is like a cosmic hologram because all thought processes and free will decisions of all interacting lifestreams have not yet been outpictured, for they still exist in potential. At any point within the realm of this future memory field, one free will decision can cause a complete change or shift in the entire potential and a new future will thus emerge.

Consider this day sending the violet laser light, which is a sacred frequency that transmutes past, present *and* future pattern into this future memory field to change the patterns of the potential objectification of karmic return such that a more harmonious and brighter future will ensue. Through the spiritual use of your higher mind's divine thought, you may cast a rainbow of light and conscious awareness to consume the imperfect concepts of the mass consciousness that are already creating the future because of the power of collective thought that has sustained the samsaric unreality you see all about you.

Each Buddha being is engaged at some level in recreating the world through the foresight of mindfulness that enters the Cosmic Mind to perceive through its enlightened state the way out for souls still caught in the grip of maya and illusion. As you are awakened to begin to cognize at a higher frequency, you may begin to send beautiful ideations of a golden-crystal age manifesting into the atmosphere and into all dimensions of life upon Earth. Using Buddhist imagination and creativity, you begin to help many to recreate their own worlds by utilizing this divine power of conscious thought.

Thought is an energy field. Positive, collective thought creates a powerful new collective energy field of cosmic awareness that can cause dramatic change upon Earth more quickly than many outwardly believe possible. By being the change you desire to see in the world and changing your own future, you effectively change the planet's future.

I am your Guru Ma, Clare de Lis. I have been called a *Beautiful Dreamer*, and it is true. Enter the dream of divine thought that I am creating and you, too, may have a beautiful mind like all the Buddhas. I thank you.

#20

Ruby Love Accelerated for the Earth and the 144,000 Entering God's Heart of Ruby Love for Your Cosmic Renewal

Beloved Heartfriends of God,

I come to invest a specific action of the ruby ray of accelerated love into the earth and into the hearts of the 144,000. As you know, Sanat Kumara beautifully exemplifies the true nature of selfless love, having given himself fully to the evolutions of Earth many eons ago in service through his sacrificial offering, his surrender of his home and divine station on Venus to save sentient life here. I was grateful to be able to receive his

teaching on the path of the ruby ray during a key moment in my messengership, and I consider these as some of the most profound that were released through the Summit.*

Within these teachings are keys for your soul's progression along the path of Buddhahood, for in following the path of the ruby ray you also enter into an understanding of the ray of integration, of enlightened love as a bodhisattva. Sanat Kumara is the preeminent Bodhisattva of Earth's history, for without his loving gift of Selfhood this planet would not be in its orbit today around your own sun.

Dear ones, embracing your Buddha Nature is key to the mastery of the initiations of the ruby ray. Following the thread of Buddhist mindfulness to the heartstream of the Ancient of Days, you can investigate, intuit and interpret the inner mysteries contained therein, which are vast. Within the Causal Body of this Venusian leader and master are the refined jewels composed of the purest love that can be known by any lifestream within this solar system, for the heartbeat of the Regent Lord of the World of Earth is fully in entrainment with the heartbeat of Helios and Vesta.

As you are compelled higher each day to love beings, all life and the entire creation itself with a greater and purer love, you naturally come in contact with the ruby fires of the hearts of the Great Lovers, the celestial beings of Venus, who have perfected love as a great art and science. Yes, there is a science to love, for when you meditate on its essence and cognize its laws and repercussions, there is nothing so grand nor replete with a depth of understanding as the nature of love.

You find its effects manifest in all creative acts and processes in the natural world. You see its continuing glory outpictured in the loving and life-giving rays of the sun. You begin to comprehend its mysteries in the very design of the cosmos and of the sacred fire breath of God that animates all life.

To enter the stream of the ruby ray is to surrender to all that is, even as you are fully Self-realized in God. To know its ways you need only meditate on the ever-changing divine fractal of love that is dancing and singing and continuing to co-create new spirals of life-giving essence each moment. To follow the ruby ray's dynamic meter and hear its unique timbre you must be able to discern its fine gradations upon the crystalline, scalar staircase of holy love that ascends directly to the throne of God, who is Pure Love.

Life is love. A life lived to fulfillment is a life lived purely for love's holy purposes. A life following the ruby ray is never bereft of the daily challenge to love on, regardless of all that comes to knock on love's door as the misdirection, misunderstanding or misappropriation of love's wisdom-way. Each sacred experience you have while moving in the eternal stream of ruby love is wholly captured and recorded on the subtle filaments or akashic substance of your soul where you feel and know God and where God feels and knows you.

To love the Eternal is to enter the heart of ruby love through the sacred door of sacrificial giving, selfless service and absolute surrender to the All by leaving aside all else but unmitigated love. Love in its undifferentiated state is born of the Cosmic Void, the center of all creative impulses. Love brought to its full fruition is embodied in the wisdom of ruby love, which is always magnanimous and Higher Self-serving.

Volumes have been written, spoken and recorded of the expressions of love. As a Buddha-being-in-becoming and an initiate of the ruby ray, seek to penetrate love's causal essence before it is manifest. For once you begin to fathom its pure state of divine

radiance, then every active expression will come from your own beautiful ruby heart of love.

I AM Clare de Lis, ever a student of God's light to help illumine your world.

* Elizabeth Clare Prophet, *The Opening of the Seventh Seal: Sanat Kumara on the Path of the Ruby Ray* (Summit University Press. 1979, 1989)

#21

An Endowment of Light from the Heart of the Cosmic Virgin

A New Opportunity for Self-Transcendence Each Morning— Soar with the Sun Each Day!

Gracious Hearts,

I come with an endowment of light this morning from the heart of the Cosmic Virgin, who presents to your soul a new opportunity for self-transcendence. At the six o'clock hour each morning you have the great God-benefit of allowing the raising of that Mother Light within you through your devotions, through the continuous stream of radiant energy that may be yours for the asking before or during the rising of the sun.

This great event each morning whereby the magnificent presence of Helios and Vesta appears over the horizon is indicative of the potential of the rising of your own Christ essence on the eastern border of your own being, even as at the southern border the Mother is set on behalf of the Son to infuse you with the glorious rays of her own beingness in meditation upon the Father. Lastly, as the Holy Spirit comes in answer to your call, there is a complete action of the sacred fire circumscribed around your being as an aura of light that is your vehicle for self-transcendence each morning.

When you take these daily opportunities to enter the Great Silence of your heart, to commune with your God and to allow this sacred infusion of Presence through your being, you are so identifying with the very divine nature of the totality of who you are that you simply merge into that cosmic essence almost unawares in this natural occurrence. Yes, you may sing your songs, you may give your praises to God, you may pray and meditate and dance and revel in the light. All of these, blessed ones, come as opportunity for the sanctity and the holiness of that ultimate event that each day is representative of your complete merging with your Source.

If your motive is true, if your purpose is oneness with God, then each of these morning services may provide a new impetus of light for you and for the world through you. Each may be graced with the opportunity for a greater understanding of what your purpose is today in the here and now of this moment—the ritual of the rising of the sun and of your own God Presence blazing brightly before you its cosmic rays.

[It] is that ever-present signet of your true nature that you may blend forces with, that you may truly gain a greater understanding of as you simply abide within the spherical awareness of the great I AM, your Real Self. In moments of sacred silence, through the stillness that comes when you enter your Presence fully, God is glorified within you even as you are glorified in God.

I AM Clare de Lis. I live and move and have my being within the supernal essence of the great solar beingness of the Almighty, one with Lanello. And through the core identity that we together express through the love-wisdom fires of our hearts as one, we bring blessing, we bring initiation, we bring opportunity for you to soar with the sun each day.

Let the prayers that flow from your lips truly be acceptable¹ to the heart of the one God through right motive, through right attention, through right livelihood in seeking only to be of benefit to sentient life, one with all and present as God emanates the fullness of the creative fires of his heart to all life.

We touch your hearts now as the spark leaps from ours to yours and as your initiatic path may accelerate unto your full adeptship, your full enlightenment, your victory in your Buddha Nature realized.

Thank you for this opportunity to share a little bit more, blessed hearts, [of] our love for you. May this day and every day be graced with blessings untold and with the gentle and yet somewhat chastening winds that come as the Great Dove² beats its wings and cools and refreshes your spirit through the sacred breath divine. I thank you.

1. Psalms 19:14

2. The *Great Dove* is the Holy Spirit.

#22

Take the Temperature of the Cosmos Each Morning!

Mimic Nature's Ways While Co-Creating Something New

Beloved Children of the Eternal One,

God has graced each one of us with a stupendous radiance of light that is our Solar Presence, our Creative Seed. This divine essence sustains a harmonic field of energy around us that allows us to live and move and have our being as sentient ones.

The time has come for each one to awaken to the eternal impulses of the Spirit that when embraced will quicken a new level of living that is enlightenment itself. This new dawning of the Presence within is significant for each one because it occurs according to certain preordained cycles of opportunity when it is most auspicious for the cycling of the greater energies of the cosmos through one's consciousness.

You have heard of the shift that is occurring within and upon planetary bodies on a solar systemic and on even a galactic level. And you are beginning to feel and know the impact of these changes as they cycle down and precipitate on a personal level in your microcosmic world. Consider today that the greater evolutionary advances of mankind that you have dreamed of will only occur as each of you first embraces the new possibilities for conscious living in complete harmony within your own world.

Many past civilizations witnessed their apex when every lifestream therein lived in full, conscious awareness of the magnificent Magic or God Presence. When there was a movement within these cultures toward a focus on the outer personality to the exclusion of the divine individuality, they declined and eventually disappeared. To truly learn the

lessons of the past you must personally meet and master the initiations that were failed as a whole in these ancient societies while also bringing to fruition your full potential of God-beingness as you co-create a new world of light and joy.

Just as your Divine Presence sustains an auric field of light around you, so you must expand and project out to the world this same energy grid to protect the Earth during this challenging time of planetary upheaval and change. As more conscious aspirants engage in this activity through various forms of meditation, prayer, mantra, singing and sacred dance, the collective morphic field of divine radiance of the Earth is more easily sustained. Her evolutions gain a momentum that continues to build until one day the shift occurs gently and naturally on a macrocosmic scale.

Why is conscious, organic and biodynamic gardening important in this process? Because as each one becomes more integrated with the natural cycles of life upon the earth, as each one partakes of food grown through his or her own efforts, as each one participates in the movement and influences of the sun, the stars, the planets and the moon, certain higher, inner impulses and insights are unlocked. These are causative and instrumental in helping you to advance unto and through the personal metamorphosis known as enlightenment, as liberation, as the ascension.

The great yogis often prepare their own food, utilizing their own intuition and deep connection with Spirit to infuse the higher essences of light into it before it is ingested and assimilated. The growing of one's own food allows for an even higher level of spiritual energy to enter it and to become a part of one's personal life experience.

All creative processes that you first witness and then master are really reflective of what nature has already proven through its inherent divine design. Mimic its ways while adding your own conscious attention as you co-create something new. This engages the Spirit that is behind nature's science and the love and beauty that are within its sacred dance and rhythm.

Take the temperature of the cosmos each morning! Feel the pulse of its ever-changing seasons, its delicious colors, its mysterious patterns, its myriad energy-textures. Set a new trend of light and conscious living by pursuing with divine abandon your life goals while creatively loving in the Now. Though time and space are naught but dualistic mind-constructs, while you're living within their temporary borders utilize them for the fullest expression of your highest Self. Challenge the cosmos to expand through your wildest laughter and through your most imaginative and dynamic compositions!

Carpe Diem, O soul of light! Live your dream and make it a reality!

I AM your Guru Ma, your Clare de Lis

#23

Maintaining Presence and Heart-Centeredness in Your Daily Life

Keys to Keeping the Equipose of Beingness

Allow Your Buddha Nature to Shine!

Fruitful Heartfriends,

It is imperative that you find your center and maintain the equipose of beingness in that creative core throughout your daily life, in all your personal affairs. To remain heart-centered through thick and thin is the aspirant's aim, the chela's challenge, the devotee's directive. To retain the essence and light of your Presence streaming through your awareness even as you are engaged in worldly activities is the crux of the path.

Not only does the state of listening grace assist you in avoiding karmic entanglements, it also allows you much greater fruitfulness in your creative endeavors. When the peace of a stable mind and the calm of controlled emotions are pooled and engendered through focus upon the divine light and its inner directives and blessings, your life may be lived with renewed joy and meaning, in great God-delight.

From this inner realm of gentle conscious awareness of the sacredness of all life, you begin to experience greater clarity, a type of crystalline vision and the ability to enter into the miraculous where amazing synchronicities occur because you are in the zone of your highest potential. Events seem to occur that bring all of heaven's graces into play. What yesterday seemed impossible is now known as highly probable because the stars of a new world through your own superconsciousness are aligned with the polestar of your own Higher Self.

Every truly great spiritual achiever was able to access the glorious intention, the eternal love-fires and the divine theosophy of the Creator intermixed in a glorious array on a palette of light. From this cosmic resource the initiate was then able to co-create at a much higher level or frequency through little outer strain but with a great degree of attunement and an attenuated focus. For many hours, days, weeks and months the true yogi may be engaged in Godly living that seems outlandishly radical to most humans but which is the beginning of true self-mastery and adeptship. This experience is quite the norm for every liberated being, every enlightened Buddha, every ascended master.

You have, through all your studies, attempted in some way to rise into this level of conscious living within the subtle boundaries of heaven's domain. At times you have humbly and willingly entered this realm through a leap of faith, abandoning all pre-conceived notions of selfhood outside of God that have previously held you back. The rub is to be able to return to this level of presence at any time through a simple but conscious loving desire, without the stress of human willing or the anxiety of attempting to attain, achieve or demand by force what is God's great joy to offer you.

A childlike spirit of appreciation, gratitude and laughter is one of the best catalysts for the divine doors, the precious portals to higher gnosis and illumined living to be opened. Often it is when you are in an open-hearted, open-minded state of beingness through joy that you are able to travel on wings of light to the etheric octaves and touch

the hem of the Silent Watchers, who can convey increasing levels of cosmic consciousness to you as you are willing to accept and receive it.

Dearest ones, every appearance of an ascended master through the various HeartStreams that you are graced to experience is an opportunity for your entrée into the heart of their Solar Presence, the essence of their divine beauty and glory. Yet for those who have known of these communiqués for years and decades, it is often the case that they take for granted the great light that we bring and the portal that we open to their own Higher Self through the teachings and love that we bear.

You have heard how even one dictation or discourse fully assimilated can be the gate or the goad to your ascension. Within each message is an initiatic kernel of light that when fully internalized will grow to create a bountiful tree of life and love with many colorful fruits, which you may enjoy for years and decades to come on your path Home.

I AM Clare de Lis. I have been assimilated by God because I placed his will, wisdom and love first in my life over many incarnations. And he answered each prayer with a greater opportunity to serve and to know the illimitable light of his grace and the supreme joy of his loving Presence. I invite you to witness and to experience this same divine afflatus as often as you can as you allow your Buddha Nature to shine!

I thank you.

#24

The Age of Intuition, Vision and Imagination Is Here!

Training Conscious Teachers Is the Need of the Hour

Pilgrims on the Holy Path of the Ascension,

Blessed greetings to each one of you who has opted to unite your essence with the Divine One. It is through the conscious use of your free will to bridge the gap between yourself and God and to eliminate it entirely that you enter a new field of awareness wherein heaven graciously promotes your desired cause. This is no small event, for when your conviction is matched by the Lord's response, your victory is assured. One with God is a majority that is surely unmatched in its ability to Self-realize joy!

The sacred Yogic sciences are becoming increasingly known throughout the Western world. The spiritual abilities and the more specific higher understandings of these great souls are being brought more widely into all areas of society through the expansion of communication services, especially the internet. What once had been reserved for the select few within the inner sanctums of the Brotherhood or in more closed ashrams or secret societies are being discussed and promulgated in diverse ways through a multitude of publications, movements and other sources.

Truly it is the age of a new co-creativity with our Source where every possible means of spiritual advancement is being offered by our spiritual gurus and sponsors to afford us the quickest pathway to our enlightenment and union with God. As efforts are made to inculcate within the educational system of the world new means of conveying the arts and sciences of life, there is an upsurge in the collective consciousness of the race, and the youth are being propelled into a new mind field of beingness.

Every true teacher points to the Divine within the student that when embraced becomes that one's life coach, advocate and spiritual instructor. As guidance is offered to the child on how to access the inner soul qualities of conscience and prescience and then how to interpret and act upon this knowledge, there will be less need for regimented classrooms where all are taught from textbooks of others' experience. Instead, the student will be lovingly pointed to resources from which she may draw keys to unlock her own highest potential, her own inner genius.

Treating children as adult souls in young bodies promotes a new way of communication where, through great sensitivity, the higher solar faculties and what have been called extrasensory perceptions may become the norm rather than the exception for every child. Higher expectations, less outer stimuli and a directed focus on going within to ascertain the solution to personal or planetary problems will assist the youth of today to solve them all with greater speed and with the aplomb of the adepts.

Training conscious teachers is the need of the hour—those who can work with children of all ages within an inspiring environment while providing examples of those who know by personal experience and through self-effort rather than by “text” knowledge without its practical application. Channeling children's creative instincts and abilities toward their highest achievement requires teachers to cognize within their students' zone of proximal development what is the next field of activity that they may engage in for optimal learning. Through a primarily self-directed course syllabus children learn first how to learn and then to evolve and quickly master any subject through a developed intuition and through conscious communication and interplay between the greater student body.

The age of intuition, vision and imagination is here! The great leap from a civilization built primarily on mental constructs and the slower brain processes is giving way to a new culture built on the creativity of the heart wed to the higher mind. Specious methods of manipulation and control that do nothing for the soul's inner growth are dying on the vine even as the true arts and sciences of the Spirit are emerging in many arenas in a wide berth of activities.

Engage your Higher Self through your higher mind to eliminate past patterns of human logic that are no longer viable in the coming age of Divine Reason, the age of Logocentric attainment, which will require a new heart-mindfulness, a higher standard of intuitive deduction, a brighter path of solar focus. Your heart will lead you to the creative beingness within that you may use throughout your life, even as you provide an impetus for many others to experience their own Christic life-essence.

I AM Clare de Lis—coaching and coaxing you onward to a new victorious sense of your own divinity and blessedness. May the peace of your Presence ever sustain you.

#25

**A Cosmic Activity Accomplished through the
Sponsorship of Arcturus and Victoria—Removing a Seed of Darkness
Implanted in Mankind Millennia Ago by Fallen Aliens**

Blessed Friends of the Inner Mysteries,

Tonight Lanello and I are joyfully entering into an alchemical experiment involving every devotee's Higher Self whom we have contacted on the inner. This project involves the blending of your Causal Body momentums in a concentrated focus of light. From this greater cosmic spherical energy field we are drawing forth a specific stream of the violet laser light for the transmutation of one individual genetic strain within the collective pool of mankind's DNA structure that has limited the solar evolution of mankind en masse.

You have heard how long ago a certain alien culture interfered with mankind's gene pool, introducing a certain astral pattern of darkness that is not native to Earth and the original divine seed of light. From that time, the consciousness of mankind has been dumbed down to a more animalistic level. Most of humanity has lost the knowledge of their Higher Self and of their connection with God and the entire creation. Removing this evil strand of alien material will allow an acceleration of the higher mind capacity of humanity as a whole while also eliminating an astral plug that has curtailed heart contact with the Real Self.

Over forty years ago the Great Divine Director released a treatise on mechanization man, exploring this subject and explaining the nature of the beast that has inveigled itself into the subconscious minds of mankind and clouding the free expression of the original Christic pattern of the Sons and Daughters of God upon Earth.¹ Because of much preliminary spiritual work done over the last fifty years by a number of conscious souls upon Earth, there is the necessary collective field of light accrued within the higher dimensional reality of the lightbearers for this alchemy to now occur.

As you know, at certain key intervals of time the Elohim have released a ray of light to also accelerate the higher spiritual faculties within you. Thus, we are calling upon the Elohim Arcturus and Victoria to oversee this alchemical experiment and to energize the great collective sphere of light that has come before us now.

O Elohim! We call unto you to release a ray of cosmic energy now from this sacred sphere into the collective Cosmic Christ Mind of humanity! Consume the cause, effect, record and memory of the manipulation of their genetic material by the fallen aliens who came to Earth millennia ago! Burn through the seed of the Liar and his lie impregnated within the seed of mankind! Bind and remove this dark, robotic strain and cast it into the *Lake of Fire*² now! Replace this seed with a new Christic/Buddhic crystal of light, which contains the original divine design from the Creator, drawn from the Causal Bodies of the sons and daughters of God upon Earth! It is done under the authority of the I AM THAT I AM and of the Seven Creators of All, the blessed Elohim, under the loving guidance and direction of Arcturus and Victoria!

Dear hearts, we are witness to this great event occurring in the etheric octaves of light now as a great solar shift occurs and a new pattern of perfection begins to filter into the lower realms where you will notice a change and a new ability to perceive higher energy fields and access greater God-beingness in all your spiritual work. You may make

this same call to both reenact and to reactivate this event and alchemy until it is fully manifest in all dimensions and planes of being.

We thank you for your steadfast calls to us, to the Chohans, to the archangels and archeiai and to the blessed Elohim. Your prayers, decrees and fiery invocations have helped to precipitate this cosmic event on behalf of all life on Earth!

I AM Clare de Lis. As the mysteries of the creation are revealed, and at times truth is stranger than fiction, you will realize how important your intercessory prayers have been to the cause of the Universal Great White Brotherhood and to the eventual ascension in the light of all mankind! Lanello and I thank you!

1. See *The Soulless One* and *The Mechanization Concept*, books on mechanization man by Mark L. Prophet from the 1965 *Pearls of Wisdom*. (Summit University Press. 1965, 1980, 1981) www.tsl.org.
2. Revelation 19-21

#26

Embrace the Divine Field of Love

Abide in Your Presence to Know Love in Its Truest Form

Dearest Hearts,

I come this day to increase, through the flame of gratitude, the light within the hearts of all devotees of the Ancient of Days.¹ There is an ancient remembrance of your heart, one with God's, within the very vibrancy of the three-fold flame within your heart. And an etheric blueprint as a stamp of your divinity exists, vibrating at a very high frequency of light. And when you tap into this ancient memory as an energy field of beingness, you may thereby access the highest level of co-creativity within your Buddha Nature-essence.

The field of love is great. The entire universe is this cosmic space of love that you may embrace throughout your life in dimensionless realms of eternity. And no matter where you abide, where you go, with whom you associate [or] where the stream of your consciousness moves, the eternal light of God as love may move with you, through you and as your very beingness as a spirit-spark of the One.

I AM Clare de Lis. And I am clear in my intention to manifest the highest essence of love of who I Am in God. And through the magnanimity of the heart of my twin flame we continue to impress upon the very spiritual substance of the Earth and of all lifestreams abiding here, a new Buddhist mindfulness, a new heartstream of Godly intent that is very effective in its ways, in its means to recreate this world in the immaculate love-image of its divine origin.

This pilgrimage that you have partaken of, or now experienced vicariously through the hearts, the minds of those who were graced to engage in it, has afforded the Earth a new lease on love, originating within the very heart chakra of Europe and expanded in numberless numbers of cosmic rays that this day Lanello and I increase in frequency and in luminescence to touch the hearts of thousands and millions more, to quicken and awaken them unto the eternal calling of the immortals and those who watch

over their souls until that day when they will rise on wings of light, called of God to their own eternal experience in the light.

What motivates a heart to love more? It is the essence of God as conscious awareness, as presence that flows unto you in a new and vital way to experience through co-creativity the allness of the Eternal. Your love may be true; your love may be expressive of your truth, your reality in the Now for all to know as the essence of who you are as Godly beings, as divine ones—ancient in your origin and yet refreshed in the Spirit that vibrates in this moment with a new outlook, with a new aspect of love known by your heart[s], blessed ones.

This dispensation is a love feast of many hearts offered to humanity by the grace of God through some who have opened themselves up to the universe to be those who can express day by day new aspects of this love-field of co-creativity. When you abide within your Presence, then you may know love in its purest form. When you share love heart to heart in ways that you have done this day, the entire energetic field of the planet is raised by the gratitude, the encouragement and the sustaining grace of that appreciation because you tap into the highest divine resource of love within this sharing and this community experience.

After my ascension I have taken the time, in *your* time, to speak to the hearts of all of our children who have ever walked the halls and attended any function of our sponsored movements. And Lanello and I have simply sat with your souls to share the realities of the higher world in which we now abide, of the impressions that we have observed, of life lived from this realm of beingness. And we continue to abide within the very beings of many who have in some way listened and attempted to be obedient to the inner promptings of the light within. And those—no matter what paradigm they hold, what belief system they engage in, what activity or stream of beingness they are comfortable with—we will continue to support, uphold and bless within this divine field of love within the cosmic space of our awareness of oneness within God's heart.

Lean on God always in all your affairs, blessed ones, putting your trust [in him], surrendering any sense of limitation or lack to the cosmos. For it is God's great pleasure to give you all that you require. For within that givingness, experienced within your heart, you know that you are valued, appreciated and sustained by this holy current of light that is true for you where you are today, right here and now.

So be refreshed in the Spirit. Be buoyed up in the light. Know who you are as the true and noble ones whose mission is being fulfilled day by day through the law of love which is eternal. [Clare de Lis breathes out a long fire breath.]

Through our living witness we exonerate all from any past misgivings of selfhood outside of God. And we embrace you within the crystalline, diamond, radiant heart of the Cosmic Beloved, your own I AM THAT I AM. I thank you.

[David's comments: Angels of Sanat Kumara and Venus now serve you a spiritual holy communion as a sacred formula of cosmic substance and an etheric elixir of alchemical light.]

1. *The Ancient of Days* is Sanat Kumara.

#27

Keep Your Appointment with Destiny!

Reclaim Your Divine Inheritance and Be Free!

Blessed Hearts of the Living Word,

In the interest of heaven, it is imperative that you to keep your appointment with destiny! But more importantly it is in your own enlightened Self-interest to reclaim your divine inheritance and be free! For God does not desire to maintain his assets only in the eternal realms of light but is most interested in his personal investments within his sons and daughters upon Earth! And it is time that the ledgers above and below are balanced by all conscious ones utilizing those gracious gifts of the Spirit to bring the kingdom of heaven upon earth.¹

What is lost can be regained. What has been purposely secreted away from the eyes of humanity by the archdeceivers is now coming to light. The truths that have been denied by a traitorous priesthood are now being openly discussed throughout the world. And the ways of error and evil are being exposed for all to see.²

Once the light of truth is revealed, it is incumbent upon the one who receives that divine wisdom to further its cause and deliver its message of hope and reality to all. Your light cannot be hidden under a bushel³ if you are to enter the revelatory realms of the Buddhas, whose minds penetrate all truth and whose hearts sing of the Pure Land of light.

To reclaim and then to use your eternal rights—your life, your liberty and your freedom to pursue divine happiness⁴—you must first understand their underpinnings both in heaven and on earth. Heaven's laws are inexorable even as man's laws continue to either evolve or devolve based on civilization's progress or lack thereof. What is sure is that when man's laws are in alignment with heaven's, then soon the earth will return to its pristine Edenic state.

The Law of the One is the law of love and of the Creator's investment in each created being the same divine suchness and essence that is expressive throughout the entire creation. When from this one law many human laws are created from a dualistic need to enter into division or diversification, then heaven's ways become clouded from the eyes of men in a myopic soup of illusion and they no longer see clearly. They lose their knowledge of the Creator's investment within themselves and then cannot use this resource to their own benefit.

"I claim the light of my Presence now!" in this or that situation brings your birthright into play in your world. "I AM the victory of this cause manifesting now because God lives right where I AM!" delivers to your doorstep a divine packet of light in the form of a divine asset now changing into a human asset because it is transferred to your domain. God becomes a debtor to you and will only be satisfied when you reinvest that light in good works carried out to his glory. In this way, the light rises to pay off his liability and the cosmic ledger is balanced anew.

Dear ones, the more you invoke light through prayer, meditation and service the more your eternal inheritance grows. For God uses the accrual basis of accounting, and every act of grace and mercy immediately multiplies in heaven toward your ultimate freedom from the ledgers of human living on Earth. And yet, even here you may receive

again and again the necessary interest you require to fulfill your mission and vision as outlined in your own personal portfolio of life.

Freedom comes at a cost. That cost is that you spend your inheritance wisely through continuously investing it day after day, hour after hour in godly works, virtuous deeds and righteous acts of grace, mercy and kindness. Through less self-interest you benefit all life, including your Higher Self.

In the interest of heaven I have come. I AM Clare de Lis. And I invest my light again in those whom I love, in those whom I will continue to serve until all are free!

1. Matthew 6:10
2. Luke 12:3
3. Matthew 5:15
4. A reference to the wording in the *Declaration of Independence*

#28

The Flowering of Your Divinity

Increasing Your Ability to Retain and to Radiate Spiritual Light

Beloved Hearts of Luminescent Love,

Each day you may experience a greater flowering of your divinity. Each hour may be a transcendent one of inner communion with your Source and of the outer manifestation of the light of your Presence by your conscious choice. Each moment may be consecrated and made holy by your attention upon God and upon his light.

Today I would like to speak about the possibilities and dynamics for you to increase your ability to retain and to radiate spiritual light. In the darker season of the year in the Northern Hemisphere it is essential that some upon Earth be able to focus a more energetic flowfield of light through their being and consciousness in order to help hold the spiritual balance for all. When a few and then greater numbers of lightbearers can master this science, a certain weight of oppression and depression that often sets in during this time may be either prevented or greatly mitigated.

Your luminescence is fully dependent upon the frequency of your being that is in turn dependent upon how much radiant energy you can hold within the sun-center of your cells. Your cells are charged through pranic breathing and exercise, through spiritual devotions to your Solar Presence and the Celestial Sun itself, through visualization in meditation and also by the conscious application of the golden-yellow ray of illumination throughout your mind and being.

When you set aside time to regularly practice the various spiritual sciences that you are familiar with, you are charged with a greater luminosity and your auric light naturally shines with a greater fiery glow. Jesus' statement, "You are the light of the world"* was meant to be a reminder that each one may engage heaven in this divine science of beingness.

When you involve the Beloved in this way, your personal lifestream may gradually become a sun-source, emitting glorious light rays of warmth, wisdom and weal

to all. From this sacred space of sharing the Real You with the world, the flowering of your divinity occurs and you are fulfilled within the light itself.

Dear hearts, the Messiah provided many keys to your healing and freedom, but at the center of every teaching and within the conscious choices he made in liberating souls from their lesser selves was the light that he had become and that he rayed out to all. The universal expression of his Sonship and union with the Father was the light of the Christ, which is the light of the world.

If Jesus proclaimed that each of us is also the light of the world and that we should not allow our light to be hid, then he saw the great possibility of this achievement and its full fruition within us all. I also see this great inner potential within you to bear that light, to expand that light and to share that light with humanity in ways great and small.

In joy I have come to again remind you of your divinity and of your ability to be the light always. I am a flower of light to all. I AM Clare de Lis.

* Matthew 5:14, Acts 17:11

#29

The Spiritual Fragrance and Taste of Divine Thought

Return to Cosmic Mindfulness

Gracious Hearts,

Have you considered in your silent meditation upon the Source the spiritual fragrance and taste of divine thought? The mind of the Creator is vast in its comprehension of life and all-encompassing in its compassionate renderings of light. When you tap into this cosmic mind, you could spend an eternity in traveling through its novel ideations and its tender regard for all that is.

God's mind is truly compelling. Yet your mind is meant to reflect the Logos' creations through the thought processes of those whose minds are one with the universal Christ consciousness, the higher mind of man, woman and child. If one can engage in the spiritual computations of a genius wherein higher worlds and realities are cognized from an Elohimic level of vision and purity, then all can transcend the limitations of human ego reasoning to enter the domain of the Buddhas where heart-mindfulness is the norm.

Divine thoughts have character, energy, fragrance, taste and etheric texture. They produce instantaneous creations because they issue from the source of beingness, which is behind thought. In fact, all thought is simply the movement of consciousness through a field of beingness composed of the creative impulses of the All-knowing One.

Prescience, mind-reading, clairvoyance and other super- or extrasensory perceptions are only the beginning of what should evolve into divine imagination. This involves the focusing of mind-waves at a high rate or frequency of cosmic intelligence such so that one may have any question answered at any time, at any place.

You have heard of the indigo and the crystal children. Many of these gifted souls had already developed their inner soul faculties and then their outer perceptive abilities in past lifetimes and are simply bringing back into this life these masteries. It is imperative

that their parents and teachers not stifle their creative abilities but encourage them to use and expand their talents to benefit all sentient life.

All those who have truly developed their Christic and Buddhic awareness have first balanced and then expanded the light of the heart through which they can then access all the higher faculties that become available to the adepts. Therefore, if you desire greater spiritual abilities, begin with the end in mind—that you will always come from your heart, you will always engage in the higher heart sciences in your work and you will always listen first to the heart of your Presence before utilizing the higher siddhis.

The Holy Paraclete, the Maha Chohan, is an example of one who has discerned at every turn the most subtle indicators of Christic thought on the path of initiation. The aspiring adept must pass the test of pride that comes to those whose thought processes are accelerated and who are beginning to tap into the mind frequencies of the ascended masters. Unless one is completely surrendered to the sacred in all life and converted to the path of selfless service through living a sacrificial life on behalf of others, he cannot be trusted to engage or communicate with the minds of the Buddhas and other celestial beings.

Come into union with the holy thoughts of God that predate the beginnings of sectarianism, religions and social structures that limit the soul in its divine ascent. Know the eternal childlike beingness of God, who is always playful and generous in the sharing of his mindful musings upon the creation. Allow the Creator to reveal daily your progressive purpose by attuning to the mind of God and letting “that mind be in you which was in Christ Jesus.”¹

Your gentle striving to fulfill the law of love and life through co-creativity is truly meritorious, earning you by grace a new space of light for your alchemical work.

I AM Clare de Lis. In mindfulness I have come. To cosmic mindfulness I return.

1. Philippians 2:5

#30

Write Your Divine Testimony in the Skies!

Boldly Impel the Cause of Light upon Earth!

Spiritual Compatriots!

In the course of human affairs there is a time for fastidious and careful planning and there is a time for action. It is high time to write your divine testimony in the skies! It is time to boldly impel the cause of light upon Earth!

I have learned first hand from the Mercurian Master El Morya, who is a man of action par excellence, that one can make the greatest spiritual progress when the fruits of conscious thought are delivered through movement and work. Too often those who call themselves chelas are enmeshed in lives of contemplation of the possible when they could be engaged in the completion of the doable.

Thus I come this day on the heels of the delivery of the fiery one, Zarathustra,¹ to compel you and to commit you to a more proactive life of striving to fulfill the labors of Hercules and the edicts of the Almighty. Yes, you must go forth and multiply the fruits of

your spiritual experience through co-creative lives, through backing up your words and meditations with action.

Those who are committed to the practical application of the truths that they have learned are those whom we can count on to fulfill the Brotherhood's plans. Those who utter promises or who aver that they will try their best but do not deliver the goods are relegated to a shallower spiral of spiritual evolution and world service.

At times we have commended even some inordinate or unilateral action when one has taken his hand to the plow motivated by a loving intent and desire to be of service because the fruit of learning from the experience, even with mistakes made, will impel him forward. It is, as some say, easier to beg forgiveness for a slight variation from the most efficient means at hand or the highest track than to plead ignorance or attempt to justify inaction based on a lack of knowledge or permission.

Blessed ones, some will go to the ends of the Earth to justify their ego-driven motives, mindsets and propensities that, when truly analyzed from an objective spiritual viewpoint, expose the fact that they have consciously chosen to avoid the simplest and most obvious options. Some well-meaning individuals simply do not love enough to engage heaven in their work or to humble themselves to be of service in a way that seems beneath them. To these we call to mind the Lord's admonition that the greatest among us must be the servant of all.²

Religious fanaticism and the repetition of the masters' names or words of wisdom will never substitute for practical action that engages the heart in selfless giving. Thus, we always prefer the work of those who are striving with a chalice half full than those who, though bearing a full cup, are immobilized by fear, anxiety or overconcern for what others may think. In the end, your life will be reviewed and lovingly Self-judged with your sponsoring masters more for what you have accomplished and fulfilled than for your inner desires or your unmet goals, no matter how pure and noble.

Just as the proof is in the pudding, so the fruit of a spiritual life is in the change wrought in the world of form and the legacy you leave through practical action, fueled by kindness and reverence for life. Let not the sun go down upon your inner wrath³ that has at times compromised the fire of true virya from which you may draw forth the creative sparks to ignite a world with wisdom's love.

I am Clare de Lis. I have proven the law of being through work. Now, dearest hearts, move our joint mission forward into the new day with fiery action! I thank you.

1. Beloved Zarathustra delivered a HeartStream on the previous day, December 9, 2009, at the Wellspring Retreat.
2. Matthew 23:11, Mark 9:35
3. Ephesians 4:26

#31

Weathering the Storms of Life through the Be-Attitudes of God

During Trying Times, Determine to Model Appreciation and Generosity

Dearest Ones,

“It was the best of times. It was the worst of times.”¹ So begins a famous novel that many of you are familiar with. This same statement could be affirmed about nearly every age of life upon Earth, for there is always from the two-eyed vision of man the opportunity to see things as either good or bad, as either deified or evil.

From the ascended masters’ viewpoint, things are as they are. And yet through single-eyed vision you may always choose to hold the perfection of the present moment within the purview of your Presence, who sees immaculately. This conscious choice brings you out of duality into a heightened awareness of spiritual light and resonance that is beyond the alternating current of human thought and feeling where the storms of life play upon your mental and emotional bodies to your detriment.

Those who abide within the space of love, always attempting to demonstrate and emanate the be-attitudes of God, can weather the ups and downs of life in the human domain. It is through a spirit of cooperation with heaven that you can avoid the pitfalls of too much attention upon the down or shadow side of life that blinds you from observing and accentuating the silver or crystal lining that is always within every cloud.

One key to mastering this science is to continually determine to model the qualities of appreciation and generosity in all you do and in all your interactions with people and situations. This brings the natural fibers of your heart into a higher resonant field of beingness whereby grace begins to flow through your consciousness into everything. It is just this sense of gratitude and reverence for nature and for all beings that actually delivers you into a higher dimensional experience of light whereby you live beyond the veils of illusion that beat upon you in an attempt to draw you into the samsaric woes of the dark ones.

Blessed ones, life upon Earth is a shadowed existence, but you can always choose to look at the light of the blazing sun of your own divinity at any time and avoid the pitfalls of focusing upon unreality. Through a twist of the dial of your own attitude and through a positive mental and emotional framework, the glow of living within the flow of eternity is manifest for you.

You know some people who always seem to have something positive, loving and encouraging to offer in every situation. These are the models for the Aquarian way of love because divine love lives within each of these conscious choices to raise and bless life. Developing this natural ability is easy once you generate that love-flow first within your heart through a daily practice of appreciating your Source and of entering into the light of your Presence on a continuous basis. Graciously calling upon the Lord² for the solution to every challenge, you await his word with joy and equanimity until his answer is fulfilled through a loving beatitude that comes just when it is most needed.

The guiding light of your life *is* your Sun Source. The pinnacle of spiritual achievement comes only when you realize that you already have all that you require right within your heart, for God placed it there when you were created in his loving image and

in his glorious likeness.³ If God is the Sun of all suns, then it is his cosmic expectation that every son and daughter of his heart will also model and live fully within the sunlight of his or her own emanation of beingness as a divine birthright, even a holy mandate or inner directive. The seed of light vouchsafed to you simply must come to fruition through your life lived to the glory of God, dearest ones.

You have a pact with the Divine and that is to master the law of your own being through conscious love and appreciation in all things. From this holy beatitude may you always be victorious!

I AM Clare de Lis. And I am continuing to see you playing in the fields of cosmic joy day and night. Thank you, blessed hearts.

1. Charles Dickens, *A Tale of Two Cities*
2. Psalms 18:3
3. Genesis 1:27, 5:3

#32

Heed the Word, the Logos, the Light Within

Choose to Live the Way of the Christ and to Walk with the Wise Men Daily

Gracious Hearts,

In an age of divine reason the minds of men are attuned to the rhythm of the emanations of the Mind of God. In golden-crystal ages past, the hearts of all creatures were beating in unison and with an inner expectation that all was well and that the Creator's will, wisdom and love were gently overshadowing all with their tender care. In times of plenty and peace an ever-abiding presence of joy and harmony is suffused throughout the web of life, blessing all with a subtle radiance of eternal hope.

This Christmas season is one where we may pause to consider the gifts of God to man, given with the most unconditional love, in a most personal and generous way. Normally, we consider that the Father-aspect of the Divine Uniplurality is impersonal and somewhat distant in his view and stance toward us, being the author of the laws of the universe, which do not differentiate between the high and mighty and the humble of mien.

And yet the decision to allow one Christed soul, infused with the essential light of pure love, to come to Earth and to be willing to surrender himself so completely to the experience of being human and to prove God's essential nature in the flesh, still gives us pause each yuletide to thank the Eternal for this sacrificial offering on our behalf.

Although we can attempt to be politically correct and honor the traditions of all religions, yet for much of humanity in these hours there is the expectation of celebrating the togetherness of families, the sharing of gifts and the worship of a chosen one whom many proclaim to be a messiah. It is truly a time of joy, of spiritual reflection and of a renewed hope and prayer for world peace and good will to all sons and daughters of God.

The three wise men, the magnificent magi from the East, remind us of the mystical elements involved in Jesus' coming. They were of a different tradition than his,

being Zoroastrian priests, astrologers and scholars. And yet they made the long trek to witness his light and to honor his lineage and destiny by offering their gifts of gold, frankincense and myrrh. And today, Morya, Kuthumi and Djwal Kul are still at the center of a new cosmic activity wherein the light of the Christ within every son and daughter is rising and coming to fruition in an age that Jesus himself envisioned as possible because of his way, his example and his life of complete givingness.

Even the story of *The Fourth Wise Man* by Henry Van Dyke, whether true or simply inspired as a great myth, brings to bear the example of one who, though never actually meeting the babe or the man Jesus in the flesh yet passed his initiations by living the path of complete surrender and sacrifice. And in his final breath he witnessed the ongoing and living reality of the Christ consciousness as the Spirit of the one he sought during Jesus' entire Palestinian ministry.

The ascended masters come from many cultures and backgrounds to show us the way home to the heart of God. They so ably demonstrate this path of love year after year through their example and also through their desire to continue communicating and coaching us through our trials and tribulations until we, too, can proclaim the Christic light as fully resident within us. By God's grace, as a messenger, I was privileged to be their servant and their mouthpiece. And now one of my own chelas is ably providing a voice for these loving masters in the same office of amanuensis and servant leader.

My message to you in this season is to *heed the Word*. First and foremost it is to your spiritual advantage to take all that you have learned to heart and to meditate upon the light of the inner Christ, the inner Buddha daily. And having witnessed that Logoic light within the masters of East and West through their teachings and emanations, it is time to realize the fullness of that Word within you in all ways. Living within the spherical awareness of your true being you will come into union with your Source, your Buddha Nature. I proclaim it! And I see it as a reality for each of you today!

I AM Clare de Lis. My spirit is with you always as you choose to live the way of the Christ, to walk with the wise men and to be true to your Self. I thank you.

#33

Complete Your Alchemies with Hearts Full of Compassion

Walk the Way of the Bodhisattvas with Me

Beloved Alchemists of the Higher Walk with God,

It is a new day! And it is so because the sun has risen and now has set upon your alchemies, upon your striving to fulfill the request of Alpha and Omega to engage heaven in your affairs. Thus, Alpha was there to initiate the spiral of light and Omega is here to complete the spiral in a cosmic swirl of God-delight!

The act of consecration is important in all alchemies. This ritual brings the sacred into play because your work is set for victory when it is dedicated to God. The hosts of the Lord then become invested in your alchemy because you have bowed to the will, wisdom and love of God before initiating its full course.

The way of the bodhisattva is the way of consecration. Where any vow is taken in complete reverence to a higher, spiritual purpose, the promise made binds you to God and God to you in a sacred pact of light that dissolves all separateness and duality while initiating a unity field of beingness. Thus, each ensuing work is performed as if by the One—of you and your Lord united. Your vow tethers you to the current of life that is love, brings you to centeredness in God's Presence. Within this singular point of light, all is fulfilled in the space of grace that flows through you in an almost effortless manner.

True alchemy is never about blood, sweat and tears, blessed ones, but about entering into the simple equation of $1=1$ —one equals one—in which your relationship to the Creator is as a co-creator, fully invested in the allness, the purity of God's being. Although there may be a supreme effort involved in maintaining the sacred tie that binds you to the divine, all anxiety and imperil are surrendered as you embrace the positronic suchness of the Divine One in administering his light according to his great delight.

For those who have entered into the science of constancy in ritualistically completing the spiral of light begun 33 days ago, you are now blessed and graced with a new energy field of higher awareness because of your efforts. Within the process of being daily engaged in a consecrated work, the boon to you has grown and you have secured a new spiritual footing for your leap into even greater alchemical works to follow!

The alchemy of love is the most sacred spiritual labor in which you can involve heaven, for without love all works are void of light, of energy, of God. With love, as with God, all alchemies and all things are possible, all dreams and visions come to fruition, all consecrated desires manifest in form.

It is time to revel in and enjoy the completion of your work just as the Creator did on the seventh day of rest. Give praise for the opportunity through free will to co-create and then to consecrate what has come forth again to the One. In this rededication God then blesses your endeavors with a sealing action of light for their protection, and their lasting legacy is secured.

As you continue to uncover new possibilities for Self-advancement on the path, I will make myself available to coach and assist you every step of the way. And though you may not always feel my tangible presence with you because of other spiritual work in which I am engaged in other realms, yet a spiritual essence of my being will still remain within your heart, integrated at the level of your True Self, to help you at any time, in any place, blessed ones.

I AM Clare de Lis. May the flower of the fulfillment of your dreams be savored in the sweetness of your union with the Beloved. I thank you.